

		<p>The Superintendent or designee(s) will convene the DWC and facilitate development of and updates to the wellness policy, and will ensure each school's compliance with the policy. The designated official for oversight is Martha Deichler, Deputy Superintendent.</p> <p>This wellness policy and the progress reports can be found at: http://www.bsusd.net/home</p> <p>Documentation maintained in this location will include but will not be limited to:</p> <ul style="list-style-type: none">▪ The written wellness policy;▪ Documentation demonstrating that the policy has been made available to the public;▪ Documentation of efforts to review and update the Local Schools Wellness Policy; including an indication of who is involved in the update and methods the district uses to make stakeholders aware of their ability to participate on the DWC;▪ Documentation to demonstrate compliance with the annual public notification requirements;▪ The most recent assessment on the implementation of the local school wellness policy;▪ Documentation demonstrating the most recent assessment on the implementation of the Local School Wellness Policy has been made available to the public. <p>Annual Notification of Policy</p> <p>The District will actively inform families and the public each year of basic information about this policy, including its content, any updates to the policy and implementation status. The District will make this information available via the district website and/or district-wide communications. The District will provide as much information as possible about the school nutrition environment. This will include a summary of the District's events or activities related to wellness policy implementation. Annually, the District will also publicize the name and contact information of the District officials leading and coordinating the committee, as well as information on how the public can get involved with the school wellness committee.</p> <p>Triennial Progress Assessments</p> <p>At least once every three years, the District will evaluate compliance with the wellness policy to assess the implementation of the policy and include:</p> <ul style="list-style-type: none">▪ The extent to which schools under the jurisdiction of the District are in compliance with the wellness policy;▪ The extent to which the District's wellness policy compares to the Alliance for a Healthier Generation's model wellness policy;▪ A description of the progress made in attaining the goals of the District's wellness policy. The position/person responsible for managing the triennial assessment and contact information is: Martha Deichler, Deputy Superintendent mdeichler@bsusd.net
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			<p>The DWC, in collaboration with individual schools, will monitor schools' compliance with this wellness policy. The District will actively notify households/families of the availability of the triennial progress report.</p> <p>Community Involvement, Outreach and Communications The District is committed to being responsive to community input, which begins with awareness of the wellness policy.</p> <p>The District will actively communicate ways in which representatives of DWC and others can participate in the development, implementation and periodic review and update of the wellness policy through a variety of means appropriate for that district.</p> <p>The District will also inform parents of the improvements that have been made to school meals and compliance with school meal standards, availability of child nutrition programs and how to apply, and a description of and compliance with Smart Snacks in School nutrition standards.</p> <p>The District will use electronic mechanisms, such as email or displaying notices on the district's website, as well as non-electronic mechanisms, such as newsletters, presentations to parents, or sending information home to parents, to ensure that all families are actively notified of the content of, implementation of, and updates to the wellness policy, as well as how to get involved and support the policy.</p> <p>The District will ensure that communications are culturally and linguistically appropriate to the community, and accomplished through means similar to other ways that the district and individual schools are communicating important school information with parents.</p> <p>The District will actively notify the public about the content of or any updates to the wellness policy annually, at a minimum. The District will also use these mechanisms to inform the community about the availability of the annual and triennial reports.</p>
4. Cajon Valley	BP (2017)	3	<p>Program Implementation and Evaluation The Superintendent shall designate one or more district or school employees, as appropriate, to ensure that each school site complies with this policy.</p> <p>The Superintendent or designee shall assess the implementation and effectiveness of this policy at least once every four years.</p> <p>The assessment shall include the extent to which district schools are in compliance with this policy, the extent to which this policy compares to model wellness policies available from the U.S. Department of Agriculture, and a description of the progress made in attaining the goals of the wellness policy. The Board and the Superintendent or designee shall establish indicators that will be used to measure the implementation and effectiveness of the district activities related to student</p>

			<p>wellness. Such indicators may include, but are not limited to: <i>(list from template)</i></p> <p>The Superintendent or designee shall invite feedback on district and school wellness activities from food service personnel, school administrators, the school health council, parents/guardians, students, teachers, before- and after-school program staff, and/or other appropriate persons.</p> <p>As feasible, the assessment report may include a comparison of results across multiple years, a comparison of district data with county, statewide, or national data, and/or a comparison of wellness data with other student outcomes such as academic indicators or student discipline rates.</p> <p>The Superintendent or designee shall inform and update the public, including parents/guardians, students, and others in the community, about the content and implementation of this policy and assessment results.</p> <p>In addition, the assessment results shall be submitted to the Board for the purposes of evaluating policy and practice, recognizing accomplishments, and making policy adjustments as needed to focus district resources and efforts on actions that are most likely to make a positive impact on student health and achievement.</p>
5. Cardiff	BP (2017)	4	<p>• Implementation, Evaluation, and Communication</p> <p>The district superintendent or designee shall ensure district wide compliance with this policy. The district superintendent or designee shall assign operational responsibility for implementing this policy to at least one person at the district level and designate a lead at each school site.</p> <ul style="list-style-type: none"> • The district shall establish an ongoing District Wellness Committee with community-wide representation. Information about joining the council will be made available to parents each school year. • The District Wellness Committee shall conduct an annual assessment of nutrition and physical activity programs and policies, to be compiled at the district level and reported to the school community. • Progress toward implementation of this policy shall be made available to the public on the district website. • The district Wellness Policy shall be found on the district website at www.cardiffschools.com in the Health and Wellness section. • Information about Health and Wellness goals and activities shall be included in the parent and staff ePacket and discussed at SEA meetings, and available in the Health and Wellness section of our district website. An email address will be provided to solicit comments and suggestions. • As necessary, the Wellness Policy shall be revised to set new priorities and to address changes in state and federal law.
6. Carlsbad	BP (2017)	6	Program Implementation and Evaluation

			<p>The Superintendent designates the individual(s) identified below as the individual(s) responsible for ensuring that each school site complies with the district's wellness policy. Robert Nye 760-331-5013 rnye@carlsbadusd.net</p> <p>The Superintendent or designee shall assess the implementation and effectiveness of this policy at least once every three years.</p> <p>The assessment shall include the extent to which district schools are in compliance with this policy, the extent to which this policy compares to model wellness policies available from the U.S. Department of Agriculture, and a description of the progress made in attaining the goals of the wellness policy.</p> <p>The Superintendent or designee shall invite feedback on district and school wellness activities from food service personnel, school administrators, the wellness council, parents/guardians, students, teachers, before- and after-school program staff, and/or other appropriate persons. The Board and the Superintendent or designee shall establish indicators that will be used to measure and implement the effectiveness of the district's activities related to student wellness. Such indicators may include, but are not limited to: <i>(list from template)</i></p> <p>Notifications The Superintendent or designee shall inform the public annually about the content and implementation of the district's wellness policy and shall make the policy, and any updates to the policy, available the public on an annual basis. He/she shall also inform the public of the district's progress towards meeting the goals of the wellness policy, including the availability of the triennial district assessment.</p> <p>The Superintendent or designee shall distribute this information through the most effective methods of communication, including district or school newsletters, handouts, parent/guardian meetings, district and school web sites, and other communications. Outreach to parents/guardians shall emphasize the relationship between student health and wellness and academic performance.</p> <p>The Superintendent or designee shall retain records that document compliance with 7 CFR 210.30, including, but not limited to, the written student wellness policy, documentation of the triennial assessment of the wellness policy for each school site, and documentation demonstrating compliance with the community involvement requirements, including requirements to make the policy and assessment results available to the public.</p>
7. Chula Vista	BP (2017)	1	<p>Therefore, the District will: Convene the District Wellness Committee at least four times during the school year at hours convenient for public participation. The Committee will discuss implementation,</p>

		19	<p>monitoring, and revision of the local school wellness policy, and provide resources and/or policy recommendations to schools and the Board.</p> <p>Charge the District Wellness Committee, District Superintendent, and site administrators with annually ensuring that the local school Wellness Policy is implemented, monitored, and revised through the use of implementation surveys and through biennial reports to the Board.</p> <p>Districtwide and at each District school these measures shall include, but not be limited to: (<i>customized list</i>)</p> <ul style="list-style-type: none"> · Food service directors, supervisors, and kitchen staff will have adequate training and the USDA professional standards for state and local nutritional programs will be followed. · An analysis of the nutritional content of meals served. · Student participation rates in school meal programs. · Any sales of non-nutritious foods and beverages in fundraisers or other venues outside the District’s meal programs. Feedback from food services personnel, school administrators, the school health council, parents/guardians, students, and other appropriate persons. · Quarterly student nutrition advisory groups to elicit student input into new food and beverage considerations to the District’s meal program. · Principal wellness survey to monitor each school’s progress implementing the District’s Wellness Policy. · Listing of presentations/reports to various parent and/or community groups (DAC/DELAC, PTA/PTO/PTC, Parent Advisory, parent meetings, and community agencies and/or groups). · Annual Grade 5 Physical Fitness Testing results reporting. · Biennial height and weight surveillance measures. · Summary of District/school events that support positive healthy lifestyles such as wellness or fitness fairs; A-Z salad bars; SRTS programs; wellness presentations to students, parents/guardians, and community members; and schools and/or events encouraging intergenerational programs that involve active older adults who serve as role models to support children eating healthy and being physically active. <p>The Superintendent/designee shall report to the Board every year on the implementation of this policy and any other Board policies related to nutrition and physical activities.</p> <p>COMMUNICATION & POSTING REQUIREMENTS Communications with Parents and Other Community Members</p> <p>Integrating health education into every segment of a child’s day is very important to the District. Encouraging accessible, consistent, and easily understood healthy messages between the school and home environments is essential. Additionally, the District will assist and support parents’ efforts to provide a healthy diet for their children by:</p> <ul style="list-style-type: none"> · Offering healthy eating workshops and presentations for parents.
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8. Coronado	BP (2016)	2	<p>Program Implementation and Evaluation The Board shall establish a plan for measuring implementation of the policy. The Superintendent shall designate at least one person within the District and at each school to oversee the implementation and evaluation of the Wellness policy. Site administrators with assistance from school staff, Parent and Teacher Organizations, and School Site Council at each school are charged with operational responsibility for ensuring that the school sites implement the District's wellness policy.</p> <p>The Superintendent or designee shall recommend for Board approval specific quality indicators that will be used to measure the implementation of the policy district wide and at each district school. These measures shall include, but not be limited to:</p> <p>An analysis of the nutritional content of meals served Student participation rates in school meal programs Wellness survey</p>

			<p>to monitor each school's progress implementing the District's Wellness Policy.</p> <p>Feedback from food service personnel, school administrators, the school health council, parents/guardians, students, and other appropriate persons.</p> <p>The Superintendent or designee shall report to the Board at least every two years on the implementation of this policy and any other Board policies related to nutrition and physical activity.</p> <p>Posting Requirements Each school shall post the District's policies and regulations on nutrition and physical activities in public view within all school cafeterias or in other central eating areas. (Education Code 49432)</p> <p>Each school shall demonstrate communication of the Wellness Policy to parents/guardians by posting policies on its school website and/or providing links to District policies, providing information in a parent handbook or flyer, or through parent-related presentations such as parent-teacher organizations and/or School Site Council committees.</p>
9. Dehesa	BP (2016)	5	<p>Program Implementation and Evaluation The Superintendent designates the individual(s) identified below as the individual(s) responsible for ensuring that each school site complies with the district's wellness policy.</p> <p>Child Nutrition Coordinator (619) 444-2161 sheila.white@dehesasd.net</p> <p>The Superintendent or designee (child nutrition coordinator) shall assess the implementation and effectiveness of this policy at least once every three years.</p> <p>The assessment shall include the extent to which district schools are in compliance with this policy, the extent to which this policy compares to model wellness policies available from the U.S. Department of Agriculture, and a description of the progress made in attaining the goals of the wellness policy.</p> <p>The Superintendent or designee shall invite feedback on district and school wellness activities from food service personnel, school administrators, the wellness council, parents/guardians, students, teachers, before- and after-school program staff, and/or other appropriate persons.</p> <p>The Board and the Superintendent or designee shall establish indicators that will be used to measure the implementation and effectiveness of the district activities related to student wellness. Such indicators may include, but are not limited to: <i>(list from template)</i></p> <p>As feasible, the assessment report may include a comparison of results across multiple years, a comparison of district data</p>

			<p>and physical activity environments and policies through the auspices of the school nurse and health offices. The results of those school-by-school assessments will be compiled at the district level to identify and prioritize needs and forward the results to the District Wellness Committee.</p> <ul style="list-style-type: none"> Assessments will be repeated every two years to help review policy compliance, assess progress, and determine areas in need of improvement. As part of that review, the school district will review the nutrition and physical activity program elements and the provision of an environment that supports healthy eating and physical activity. The district will, as necessary, revise the wellness policies and develop work plans to facilitate their implementation. The district/school will provide information about physical education and other school-based physical activity opportunities before, during, and after the school day; and support parents' efforts to provide their children with opportunities to be physically active outside of school. Such supports will include sharing information about physical activity and physical education through the website, special events, or physical education homework.
11. Encinitas	BP (2017)	6	<p>Goals for the Encinitas Union School District The Superintendent of designee shall assess the implementation and effectiveness of this policy at least once every two years. Each school shall post the district's policies and regulations on nutrition and physical activity in public view within all school cafeterias or in other central eating areas. The Superintendent or designee shall encourage parents/guardians, students, food service employees, physical education teachers, school health professionals, Board members, school administrators, and members of the public to participate in the development, implementation, and periodic review and update of the district's student wellness policy.</p> <p>The wellness council shall advise the district on health-related issues, activities, policies, and programs. At the discretion of the Superintendent or designee, the duties of the council may also include the planning, implementation, and evaluation of activities to promote health within the school or community.</p> <p>Program Implementation and Evaluation The Superintendent designates the individual(s) identified below as the individual(s) responsible for ensuring that each school site complies with the district's wellness policy. (42 USC 1758b; 7 CFR 210.30)</p> <p>Lea Bonelli, Director 760.944.4300 lea.bonelli@eusd.net</p>

		<p>The Superintendent or designee shall assess the implementation and effectiveness of this policy at least once every three years.</p> <p>The assessment shall include the extent to which district schools are in compliance with this policy, the extent to which this policy compares to model wellness policies available from the U.S. Department of Agriculture, and a description of the progress made in attaining the goals of the wellness policy.</p> <p>The Superintendent or designee shall invite feedback on district and school wellness activities from food service personnel, school administrators, the wellness council, parents/guardians, students, teachers, before- and after-school program staff, and/or other appropriate persons. The Board and the Superintendent or designee shall establish indicators that will be used to measure the implementation and effectiveness of the district activities related to student wellness. Such indicators may include, but are not limited to: <i>(list from template)</i></p> <p>As feasible, the assessment report may include a comparison of results across multiple years, a comparison of district data with county, statewide, or national data, and/or a comparison of wellness data with other student outcomes such as academic indicators or student discipline rates. In addition, the Superintendent or designee shall prepare and maintain the proper documentation and records needed for the administrative review of the district's wellness policy conducted by the California Department of Education (CDE) every three years.</p> <p>The assessment results of both the district and state evaluations shall be submitted to the Board for the purposes of evaluating policy and practice, recognizing accomplishments, and making policy adjustments as needed to focus district resources and efforts on actions that are most likely to make a positive impact on student health and achievement.</p> <p>Notifications</p> <p>The Superintendent or designee shall inform the public about the content and implementation of the district's wellness policy and shall make the policy, and any updates to the policy, available the public on an annual basis. He/she shall also inform the public of the district's progress towards meeting the goals of the wellness policy, including the availability of the triennial district assessment.</p> <p>The Superintendent or designee shall distribute this information through the most effective methods of communication, including district or school newsletters, handouts, parent/guardian meetings, district and school web sites, and other communications. Outreach to parents/guardians shall emphasize the relationship between student health and wellness and academic performance.</p>
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12. Escondido Union	BP (2014)	4	<ul style="list-style-type: none"> The Nutrition Services Department shall monitor and implement food safety procedures for all food sold, served, or consumed on school premises with the exception of food brought from home for individual consumption or staff only functions.
		3	<ul style="list-style-type: none"> The superintendent or designee may disseminate health information and/or the district's student wellness policy to parents/guardians through district or school newsletters, handouts, parent/guardian meetings, district and school web sites, and other communications. Outreach to parents/guardians shall emphasize the relationship between student health and academic performance.
		6	<ul style="list-style-type: none"> <u>Program Implementation and Evaluation</u>: The board and the superintendent or designee shall establish indicators that will be used to measure the implementation and effectiveness of the district's activities related to student wellness. Such indicators may include, but are not limited to: <i>(list from template)</i> The superintendent or designee shall inform and update the public, including parents/guardians, students, and others in the community, about the content and implementation of this policy and assessment results. In addition, the assessment results shall be submitted to the board for the purposes of evaluating policy and practice, recognizing accomplishments, and making policy adjustments as needed to focus district resources and efforts on actions that are most likely to make a positive impact on student health and achievement. <p>The superintendent or designee may disseminate health information and/or the district's student wellness policy to parents/guardians through district or school newsletters, handouts, parent/guardian meetings, district and school web sites, and other communications. Outreach to parents/guardians shall emphasize the relationship between student health and academic performance.</p>
13. Fallbrook Union	BP (2016)	4	<p>IMPLEMENTATION AND REVIEW OF POLICY The Board has established that the district health council shall meet no fewer than two times per school year and shall periodically assess the school wellness policy, no less than once every two years. The Assistant Superintendent of Human Resources shall be responsible for ensuring</p>

			<p>compliance with this protocol.</p> <p>The Superintendent shall designate at least one person within the district and at each school who is charged with operational responsibility for ensuring that the school sites implement the district's wellness policy. Primary operational responsibility for the district's wellness policy shall be as follows:</p> <p>School principals to ensure that nutrition guidelines for foods available at schools are followed, and that the District adopted course of study for K-8 physical education will be implemented and other District approved physical activity programs will be provided.</p> <p>The Director of Child Nutrition Services to ensure that all federal, state, and local laws and regulations regarding the child nutrition programs are strictly enforced.</p> <p>The Assistant Superintendent of Education Services to ensure that goals for nutrition education, physical education and physical activity, and other school based activities, designed to encourage student wellness, are achieved.</p> <p>The Superintendent or designee shall develop a list of specific quality indicators that will be used to measure the implementation of the policy district wide and at each school which will be used no less than once every two years to assess school wellness. Assessment results shall be posted to the Child Nutrition website. The Superintendent or designee shall report to the Board on the implementation of this policy and any other Board policies related to nutrition and physical activity.</p> <p>POSTING REQUIREMENTS</p> <p>Each school shall post a summary of the District's policies and regulations on nutrition and physical activities in public view within the school office, cafeterias or any other central eating areas. Entire policies and regulations shall be made available on the District Web Page and/or in District Manuals.</p>
14. Fallbrook Union High	BP (2013)		The Board shall establish a plan for measuring implementation of the policy. The Assistant Superintendent of Educational Services, Director of Food Services, and site Principals are charged with operational responsibility for ensuring that the school sites implement the district's wellness policy.
15. Grossmont	BP (2014)	5	<p><u>Parent/Community Involvement</u>: This item refers to an integrated school, parent, and community approach for enhancing the health and well-being of students. School health advisory councils, coalitions, and broadly based constituencies for school health can build support for school health program efforts. Schools actively solicit parent involvement and engage community resources and services to respond more effectively to the health-related needs of students.</p>
		11	<ul style="list-style-type: none"> • MONITORING

			<ul style="list-style-type: none"> The district superintendent or designee should recommend specific quality indicators used to measure the implementation of the policy (e.g., nutrient analysis of school meals, school meal participation rates, sales of non-foods/beverages from fund-raisers and other venues, feedback from school/district food service personnel, administrators, members of the district Child Nutrition and Physical Activity Advisory Committee, parents, and other appropriate persons). <p>The Governing Board should be involved in establishing the goals for the school wellness policy, success indicators, reporting methodology, monitoring curriculum requirements, and frequency of reporting to the board.</p>
16. Jamul-Dulzura	BP (2011)	3	<p>The Board recognizes the importance of providing an environment that promotes students' mental and physical health and engaging parents/guardians, as well as school staff, in support of a comprehensive student wellness program.</p> <p>The district shall:</p> <ul style="list-style-type: none"> Promote parent/guardian outreach efforts that emphasize the relationship between student health and academic performance and address the need for consistent health messages between the home and the school environments. Provide consistent health education to parents and families, including but not limited to nutrition and physical activity (e.g. via the school/district newsletter, informational handouts, parent meetings, the school/district Web site, and other venues). <p>The Food Services Director shall be responsible for implementing and evaluating this policy district wide.</p> <p>6 School/district food service staff and other members of the health council shall provide continued assistance in implementing this policy.</p> <p>To determine whether the policy is being effectively implemented districtwide and at each district school, the following indicators shall be used: <i>(list from template)</i></p>
17. Julian Union	BP (2012)	8	<p>To encourage consistent health messages between the home and school environment, the superintendent or designee may disseminate health information to parents/guardians through the weekly school bulletin, handouts, parent/guardian meetings, the district website, Julian Pathways Newsletter, and other communications. Outreach to parents/guardians shall emphasize the relationship between student health and academic performance.</p> <p>d The superintendent or designee will ensure compliance with established district-wide nutrition and physical activity wellness policies.</p> <p>School food service staff will ensure compliance with nutrition policies within school food service areas and will report on this matter to the superintendent. In addition, the school district will report on the most recent USDA School</p>

			<p>Meals Initiative (SMI) review findings and any resulting changes. If the district has not received a SMI review from the state agency within the past five years, the district will request from the state agency that a SMI review be scheduled as soon as possible.</p> <p>The District will report on a periodic basis to the State and general public about the school wellness environment including nutrition education, whether all students are meeting age-appropriate physical education recommendations based on state and national guidelines, and the amount of time students are required to spend in physical education.</p>
18. Julian Union High	BP (2017)	1	<p>Program Implementation and Evaluation</p> <p>The Superintendent shall designate one or more district employees, as appropriate, to ensure that the school complies with this policy.</p> <p>The Superintendent or designee shall assess the implementation and effectiveness of this policy at least once every two years. The assessment shall include the extent to which the district school is in compliance with this policy, the extent to which this policy compares to model wellness policies available from the U.S. Department of Agriculture, and a description of the progress made in attaining the goals of the wellness policy.</p> <p>The Superintendent or designee shall invite feedback on school wellness activities from food service personnel, school administrators, the school health council, parents/guardians, students, teachers, before- and after-school program staff, and/or other appropriate persons.</p> <p>As feasible, the assessment report may include a comparison of results across multiple years, a comparison of district data with county, statewide, or national data, and/or a comparison of wellness data with other student outcomes such as academic indicators or student discipline rates.</p> <p>The Superintendent or designee shall inform and update the public, including parents/guardians, students, and others in the community, about the content and implementation of this policy and assessment results. (42 USC1758b)</p> <p>In addition, the assessment results shall be submitted to the Board for the purposes of evaluating policy and practice, recognizing accomplishments, and making policy adjustments as needed to focus district resources and efforts on actions that are most likely to make a positive impact on student health and achievement.</p> <p>Posting Requirements</p> <p>The Superintendent or designee shall post the district's policies and regulations on nutrition and physical activity in public view within the school cafeteria or in other central eating areas.</p>

			<p>The Superintendent or designee shall also post a summary of nutrition and physical activity laws and regulations prepared by the California Department of Education</p> <p>I. School Health Council The school wellness committee shall assist with policy development and updates and advise the district on health-related issues, activities, policies, and programs. The committee may plan and implement activities to promote health within the school or community. The district will inform the public, parents and staff on progress on its web site, at Parent Teacher Organization meetings, and in district newsletters. The district Wellness Policy will be posted in its entirety in English and Spanish near the entrance of school cafeterias. The District Superintendent is designated to ensure Wellness Policy implementation and oversight.</p> <p>VI. Monitoring and Policy Review MonitoringThe superintendent or designee will ensure compliance with established district-wide nutrition and physical activity wellness policies. School food service staff will ensure compliance with nutrition policies within school food service areas and will report on this matter to the superintendent. In addition, the school district will report on the most recent USDA School Meals Initiative (SMI) review findings and any resulting changes. If the district has not received SMI review from the state agency within the past five years, the district will request from the state agency that a SMI review be scheduled as soon as possible. The district will report on a periodic basis to the State and general public about the school wellness environment including nutrition education, whether all students are meeting age-appropriate physical education recommendations based on state and national guidelines, and the amount of time students are required to spending physical education.</p> <p>Policy Review Assessments will be repeated every three years to help review policy compliance, assess progress, and determine areas in need of improvement. As part of that review, the school district will review nutrition and physical activity policies; provision of an environment that supports healthy eating and physical activity; and nutrition and physical education policies and program elements. The district will, as necessary, revise the wellness policies and develop work plans to facilitate their implementation.</p>
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19. La Mesa-Spring Valley	BP (2017)	5	<p>Program Implementation and Evaluation The Superintendent designates the individual(s) identified below as the individual(s) responsible for ensuring that each school site complies with the district's wellness policy. Assistant Superintendent, Business 619-668-5700 ext. 6391 David.Feliciano@lmsvschools.org</p> <p>The Superintendent or designee shall assess the implementation and effectiveness of this policy at least once every three years.</p>

			<p>The assessment shall include the extent to which district schools are in compliance with this policy, the extent to which this policy compares to model wellness policies available from the U.S. Department of Agriculture, and a description of the progress made in attaining the goals of the wellness policy.</p> <p>The Superintendent or designee shall invite feedback on district and school wellness activities from food service personnel, school administrators, the wellness council, parents/guardians, students, teachers, before- and after-school program staff, and/or other appropriate persons.</p> <p>The Board and the Superintendent or designee shall establish indicators that will be used to measure the implementation and effectiveness of the district activities related to student wellness. Such indicators may include, but are not limited to: <i>(list from template)</i></p> <p>As feasible, the assessment report may include a comparison of results across multiple years, a comparison of district data with county, statewide, or national data, and/or a comparison of wellness data with other student outcomes such as academic indicators or student discipline rates.</p> <p>The assessment results of both the district and state evaluations shall be submitted to the Board for the purposes of evaluating policy and practice, recognizing accomplishments, and making policy adjustments as needed to focus district resources and efforts on actions that are most likely to make a positive impact on student health and achievement.</p> <p>Notifications The Superintendent or designee shall inform the public about the content and implementation of the district's wellness policy and shall make the policy, and any updates to the policy, available to the public on an annual basis. He/she shall also inform the public of the district's progress towards meeting the goals of the wellness policy, including the availability of the triennial district assessment.</p> <p>The Superintendent or designee shall distribute this information through the most effective methods of communication, including district or school newsletters, handouts, parent/guardian meetings, district and school web sites, and other communications. Outreach to parents/guardians shall emphasize the relationship between student health and wellness and academic performance.</p> <p>Each school may post a summary of nutrition and physical activity laws and regulations prepared by the CDE.</p> <p>Records The Superintendent or designee shall retain records that</p>
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			document compliance with 7 CFR 210.30, including, but not limited to, the written student wellness policy, documentation of the triennial assessment of the wellness policy for each school site, and documentation demonstrating compliance with the community involvement requirements, including requirements to make the policy and assessment results available to the public.
20. Lakeside	BP (2016)	1	<p>Leadership The Superintendent or designee(s) will convene the DWC and facilitate development of and updates to the wellness policy, and will ensure each school's compliance with the policy.</p> <p>II. Wellness Policy Implementation, Monitoring, Accountability, and Community Engagement This wellness policy and the progress reports can be found at the Lakeside Union School District web site and at each school location.</p> <p>Recordkeeping The District will retain records to document compliance with the requirements of the wellness policy. Documentation maintained in this location will include but will not be limited to:</p> <ul style="list-style-type: none"> ▪ The written wellness policy; ▪ Documentation demonstrating compliance with community involvement requirements, including (1) Efforts to actively solicit DWC membership from the required stakeholder groups; and (2) These groups' participation in the development, implementation, and periodic review and update of the wellness policy; ▪ Documentation of annual policy progress reports for each school under its jurisdiction; ▪ Documentation demonstrating compliance with public notification requirements, including: (1) Methods by which the wellness policy, annual progress reports, and triennial assessments are made available to the public; and (2) Efforts to actively notify families about the availability of wellness policy. <p>Annual Progress Reports The District will compile and publish an annual report to share basic information about the wellness policy and report on the progress of the schools within the district in meeting wellness goals. This annual report will be published around the same time each year, and will include information from each school within the District. This report will include, but is not limited to:</p> <ul style="list-style-type: none"> ▪ The website address for the wellness policy and/or how the public can receive/access a copy of the wellness policy; ▪ A description of each school's progress in meeting the wellness policy goals; ▪ A summary of each school's events or activities related to wellness policy implementation; ▪ The name, position title, and contact information of the designated District policy leader(s) identified in Section I; and

			<p>▪ Information on how individuals and the public can get involved with the DWC or SWC. The District will actively notify households/families of the availability of the annual report. The DWC will establish and monitor goals and objectives for the District's schools, specific and appropriate for each instructional unit.</p> <p>Community Involvement, Outreach, and Communications</p> <p>The District is committed to being responsive to community input, which begins with awareness of the wellness policy. The District will actively communicate ways in which representatives of DWC and others can participate in the development, implementation, and periodic review and update of the wellness policy through a variety of means appropriate for that district. The District will also inform parents of the improvements that have been made to school meals and compliance with school meal standards, availability of child nutrition programs and how to apply, and a description of and compliance with Smart Snacks in School nutrition standards. The District will use electronic mechanisms, such as email or displaying notices on the district's website, as well as non-electronic mechanisms, such as newsletters, presentations to parents, or sending information home to parents, to ensure that all families are actively notified of the content of, implementation of, and updates to the wellness policy, as well as how to get involved and support the policy. The District will ensure that communications are culturally and linguistically appropriate to the community, and accomplished through means similar to other ways that the district and individual schools are communicating other important school information with parents. The District will actively notify the public about the content of or any updates to the wellness policy annually</p>
21. Lemon Grove	BP (2013)	1	To encourage consistent health messages between the home and school environment, the Superintendent or designee shall disseminate health information and/or the district's student wellness policy to parents/guardians through district or school newsletters, handouts, parent/guardian meetings, the district or school website, and other communications. Outreach to parents/guardians shall emphasize the relationship between student health and academic performance.
		6	To determine whether the policy is being effectively implemented districtwide and at each district school, the following indicators shall be used: <i>(list from template)</i>
22. Mt. Empire	BP (2017)	1	<p>Program Implementation and Evaluation</p> <p>The Superintendent designates the individual(s) identified below as the individual(s) responsible for ensuring that each school site complies with the district's wellness policy.</p> <p>Nutritional Services Director 619-473-9022 dorothy.haskins@meusd.org</p> <p>The Superintendent or designee shall assess the implementation and effectiveness of this policy at least once</p>

			<p>every three years.</p> <p>The assessment shall include the extent to which district schools are in compliance with this policy, the extent to which this policy compares to model wellness policies available from the U.S. Department of Agriculture, and a description of the progress made in attaining the goals of the wellness policy.</p> <p>The Superintendent or designee shall invite feedback on district and school wellness activities from food service personnel, school administrators, the wellness council, parents/guardians, students, teachers, before- and after-school program staff, and/or other appropriate persons. The Board and the Superintendent or designee shall establish indicators that will be used to measure the implementation and effectiveness of the district activities related to student wellness. Such indicators may include, but are not limited to: <i>(list from template)</i></p> <p>As feasible, the assessment report may include a comparison of results across multiple years, a comparison of district data with county, statewide, or national data, and/or a comparison of wellness data with other student outcomes such as academic indicators or student discipline rates.</p> <p>In addition, the Superintendent or designee shall prepare and maintain the proper documentation and records needed for the administrative review of the district's wellness policy conducted by the California Department of Education (CDE) every three years.</p> <p>The assessment results of both the district and state evaluations shall be submitted to the Board for the purposes of evaluating policy and practice, recognizing accomplishments, and making policy adjustments as needed to focus district resources and efforts on actions that are most likely to make a positive impact on student health and achievement.</p> <p>Notifications</p> <p>The Superintendent or designee shall inform the public about the content and implementation of the district's wellness policy and shall make the policy, and any updates to the policy, available the public on an annual basis. He/she shall also inform the public of the district's progress towards meeting the goals of the wellness policy, including the availability of the triennial district assessment.</p> <p>The Superintendent or designee shall distribute this information through the most effective methods of communication, including district or school newsletters, handouts, parent/guardian meetings, district and school web sites, and other communications. Outreach to parents/guardians shall emphasize the relationship</p>
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			<p>between student health and wellness and academic performance</p> <p>Each school may post a summary of nutrition and physical activity laws and regulations prepared by the CDE.</p>
23. National City	BP (2013)	6	<ul style="list-style-type: none"> • The Board shall establish a plan for measuring implementation of the policy. The Superintendent shall designate at least one person within the district and at each school who is charged with operational responsibility for ensuring that the school sites implement the district's wellness policy. The Superintendent or designee shall effectively communicate the goals and directives of the district's wellness policy with all staff, students, and parents/guardians. • The Superintendent or designee shall recommend for Board approval specific quality indicators that will be used to measure the implementation of the policy districtwide and at each district school. These measures shall include, but not be limited to, an analysis of the nutritional content of meals served; student participation rates in school meal programs; any sales of non-nutritious foods and beverages in fundraisers or other venues outside the district's meal programs; and feedback from child nutrition personnel, school administrators, the school health council, parents/guardians, students, and other appropriate persons. <p>The Superintendent or designee shall report to the Board at least every two years on the implementation of this policy and any other Board policies related to nutrition and physical activity.</p>
24. Oceanside	BP (2011)		<p>The Board shall establish a plan for measuring implementation of this policy. The Superintendent shall designate at least one person within the district and at each school who is charged with operational responsibility for ensuring that each school site implements this policy.</p> <p>To determine whether the policy is being effectively implemented districtwide and at each district school, the following indicators shall be used: (<i>list from template</i>)</p> <p>The Superintendent or designee shall report to the Board at least every two years on the implementation of this policy and any other Board policies related to nutrition and physical activity.</p>
25. Poway	BP (2006)	7	<p>Communication with Parents and Promotions</p> <ul style="list-style-type: none"> • <i>Engaging Families</i> - Schools should encourage family involvement to support and promote healthy eating and physical activity habits. This includes supporting families' efforts to provide a healthy diet and daily physical activity for their children through effective two-way communication between school and home. Nutrition education should be offered for parents, e.g., providing healthy eating seminars, sending home nutrition information, postings on school website, and providing

		8	<p>nutrient analyses of school menus. Such supports should also include sharing information about physical activity and physical education through a website, newsletter, or other take-home materials, special events, or physical education homework.</p> <ul style="list-style-type: none"> • The District/school should make available to parents a list of foods that meet the District’s nutrition standards and ideas for healthy celebrations/parties, rewards, and fundraising activities. School administrators should encourage students and parents to pack healthy lunches and snacks that meet District nutrition standards. • District representatives shall develop a plan for implementing the wellness policy and measuring implementation district-wide. • The superintendent, or designee, shall ensure compliance with the adopted wellness policy and its nutrition standards. In each school, the principal, or designee, will ensure compliance with those policies in his/her school and will report on the school’s compliance to the superintendent, or designee. • The Food and Nutrition Director will ensure compliance with nutrition policies within school food and nutrition areas and will report on this matter to the Deputy Superintendent.
26. San Diego Unified	BP (2017)	8	<p>A. Components</p> <p>9. Family and Community Involvement: The district will encourage consistent health and wellness messages between the home and school environment. The goals for Family and Community Involvement are:d. Establish and maintain relationships with community partners in support of this Wellness Policy’s implementation.e. Evaluate community partnerships and sponsorships to ensure that they are consistent with the Wellness Policy and its goals.</p> <p>B. Implementation and EvaluationThe district will develop and maintain a plan for implementation to manage and coordinate the execution of this Wellness Policy. The plan will delineate roles, responsibilities, actions and timelines. Every school in the district will implement the Wellness Policy, using the Framework for Wellness as a guide. The district will create/identify an assessment tool to be used by the schools to monitor their efforts to improve student and staff wellness.School Site Wellness Committees will conduct an annual assessment of its school’s progress to improve student and staff wellness and report results to the District Wellness Council.School Site Wellness Committees will create an annual action plan, with consultation available from the District Wellness Council that fosters implementation and generates an annual progress report. The action plan may align with the Single Plan for Student Achievement (SPSA) or Safe School Plan.The District Wellness Council, in coordination with the District Wellness Program Supervisor, will review and utilize data provided by the School Site Wellness Committees, as well as other data currently collected by the district for evaluation purposes. Data may include reports on attendance, health office visits,</p>

			<p>disciplinary measures, physical education state fitness test results, and food service data.</p> <p>Implementation and evaluation of the district's Wellness Policy will be audited by the California Department of Education every three years. The review and evaluation will focus on policy effectiveness and impact. Evaluation tools may include surveys as well as observation and interviews from district schools.</p> <p>Progress Assessments At least once every three years, the district will evaluate compliance with the Wellness Policy to assess the implementation of the policy and include the extent to which schools under the jurisdiction of the district are in compliance with the Wellness Policy, and a description of the progress made in attaining the goals of the district's Wellness Policy. The Program Manager of Nursing and Wellness and the District Wellness Supervisor will be responsible for managing the progress assessment. The District Wellness Council, in collaboration with the individual schools, will monitor school's compliance with this Wellness Policy. The Program Manager of Nursing and Wellness and the District Wellness Supervisor shall report to the Board at least every three years on the implementation of this policy and any other Board policies related to wellness. The district will post the triennial progress report on the district website.</p>
27. San Pasqual	BP (2012)	5	<ul style="list-style-type: none"> • Engaging Families – Nutrition education will be offered for parents, e.g., providing healthy eating seminars, sending home nutrition information, posting on school website, and providing nutrient analyses of school menus. Such supports will also include sharing information about physical activity and physical education through a website, newsletter, or other take-home materials, special events, or physical education homework. • Lists of Foods – The District/School will make available to parents a list of foods that meet the District's Nutrition Standards and ideas for healthy celebrations/parties, rewards, and fundraising activities. School administrators will encourage students and parents to pack healthy lunches and snack that meet District Nutrition Standards • Posting – The District/School will post the District's wellness policies and procedures in public view within all school cafeterias or in the other central eating areas along with a summary of nutrition and activity laws and regulations prepared by the California Department of Education
28. San Ysidro	BP (2014)	15	<ul style="list-style-type: none"> • The Governing Board shall establish a plan for measuring implementation of the policy. Schools/district, school administrators, food service staff, and other members of the school health committee shall provide continued assistance in implementing this policy. • The Superintendent shall designate at least one person within the District and a site administrator at each school to oversee the implementation and evaluation of the Wellness Policy. Site administrators with the assistance

		<p>The Superintendent or designee shall assess the implementation and effectiveness of this policy at least once every three years.</p> <p>The assessment shall include the extent to which district schools are in compliance with this policy, the extent to which this policy compares to model wellness policies available from the U.S. Department of Agriculture, and a description of the progress made in attaining the goals of the wellness policy.</p> <p>The Superintendent or designee shall invite feedback on district and school wellness activities from food service personnel, school administrators, the wellness council, parents/guardians, students, teachers, before and after-school program staff, and/or other appropriate persons. The Board and the Superintendent or designee shall establish indicators that will be used to measure the implementation and effectiveness of the district activities related to student wellness. Such indicators may include, but are not limited to: <i>(list from template)</i></p> <p>As feasible, the assessment report may include a comparison of results across multiple years, a comparison of district data with county, statewide, or national data, and/or a comparison of wellness data with other student outcomes such as academic indicators or student discipline rates. In addition, the Superintendent or designee shall prepare and maintain the proper documentation and records needed for the administrative review of the district's wellness policy conducted by the California Department of Education (CDE) every three years. The assessment results of both the district and state evaluations shall be submitted to the Board for the purposes of evaluating policy and practice, recognizing accomplishments, and making policy adjustments as needed to focus district resources and efforts on actions that are most likely to make a positive impact on student health and achievement.</p> <p>Notifications</p> <p>The Superintendent or designee shall inform the public about the content and implementation of the district's wellness policy and shall make the policy, and any updates to the policy, available the public on an annual basis. He/she shall also inform the public of the district's progress towards meeting the goals of the wellness policy, including the availability of the triennial district assessment.</p> <p>The Superintendent or designee shall distribute this information through the most effective methods of communication, including district or school newsletters, handouts, parent/guardian meetings, district and school web sites, and other communications. Outreach to parents/guardians shall emphasize the relationship between student health and wellness and academic performance.</p> <p>Each school may post a summary of nutrition and physical activity laws and regulations prepared by the CDE.</p>
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31. South Bay	BP (2017)	1	<p>Program Implementation and Evaluation The Superintendent or designee shall assess the implementation and effectiveness of this policy at least once every three years. The assessment shall include the extent to which district schools are in compliance with this policy, the extent to which this policy compares to model wellness policies available from the U.S. Department of Agriculture, and a description of the progress made in attaining the goals of the wellness policy.</p> <p>The Board and the Superintendent or designee shall establish indicators that will be used to measure the implementation and effectiveness of the district activities related to student wellness. Such indicators may include, but are not limited to: <i>(list from template)</i></p> <p>As feasible, the assessment report may include a comparison of results across multiple years, a comparison of district data with county, statewide, or national data, and/or a comparison of wellness data with other student outcomes such as academic indicators or student discipline rates.</p> <p>The Superintendent or designee shall inform and update the public, including parents/guardians, students, and others in the community, about the content and implementation of this policy and assessment results.</p> <p>In addition, the assessment results shall be submitted to the Board for the purposes of evaluating policy and practice, recognizing accomplishments, and making policy adjustments as needed to focus district resources and efforts on actions that are most likely to make a positive impact on student health and achievement.</p> <p>Notifications The assessment results of both the district and state evaluations shall be submitted to the Board for the purposes of evaluating policy and practice, recognizing accomplishments, and making policy adjustments as needed to focus district resources and efforts on actions that are most likely to make a positive impact on student health and achievement.</p> <p>Each school shall post the district’s policies and regulations on nutrition and physical activity in public view within all school cafeterias or in other central eating areas. The Superintendent or designee shall distribute this information through the most effective methods of communication, including district or school newsletters, handouts, parent/guardian meetings, district and school web sites, and other communications. Outreach to parents/guardians shall emphasize the relationship between student health and wellness and academic performance.</p>
32. Spencer Valley	BP (2016)	2	<p>Program Implementation and Evaluation The Superintendent shall assess the implementation and effectiveness of this policy at least once every two years.</p>

			<p>This assessment shall include the extent to which Spencer Valley is in compliance with this policy, and the extent to which this policy compares to model wellness policies available from the U.S. Department of Agriculture and other federal and state agencies and non-governmental organizations, as well as a description of the progress made in attaining the goals of the wellness policies (see Appendix A)</p> <p>The District shall establish indicators used to measure the implementation and effectiveness of the District activities related to student wellness. Such indicators may include, but are not limited to: <i>(list from template)</i></p> <p>These indicators may be used at least once every two years to gather information when evaluating the wellness policy's goals. The Superintendent or designee shall invite feedback on district and school wellness activities from food service personnel, service personnel, school administrators, the school health council, parents/guardians, students, teachers, before- and after-school program staff, and/or other appropriate persons.</p> <p>As feasible, the assessment report may include a comparison of results across multiple years, a comparison of district data with county, statewide, or national data, and/or a comparison of wellness data with other student outcomes such as academic indicators or student discipline rates. The Superintendent or designee shall inform and update the public, including parents/guardians, students, and others in the community, about the content and implementation of this policy and assessment results.</p> <p>In addition, the assessment results shall be submitted to the Board for the purposes of evaluating policy and practice, recognizing accomplishments, and making policy adjustments as needed to focus district resources and efforts on actions that are most likely to make a positive impact on student health and achievement.</p> <p>Posting Requirements Spencer Valley shall post the district's policies and regulations on nutrition and physical activity in public view within all school cafeterias or in other central eating areas. (Education Code 49432).</p> <p>Each school shall also post a summary of nutrition and safety laws and regulations made available and prepared by the California Department of Education</p>
33. Sweetwater	BP (2017)	2	<p>A. Components</p> <p>1. District Wellness Committee: The Superintendent will designate leadership staff who have the authority and responsibility to ensure that</p> <p>a) A district Wellness Committee is convened and meets at least four times per school year to review and update the policy, and support and monitor policy implementation.</p> <p>c) The public, including parents, students and other in the</p>

			community, shall be informed and updated annually about the content and implementation of the wellness policy.
34. Vallecitos	BP (2010)	3	<ul style="list-style-type: none"> The Board shall establish a plan for measuring implementation of this policy. The Superintendent shall designate at least one person within the district and at each school who is charged with operational responsibility for ensuring that each school site implements this policy. To determine whether the policy is being effectively implemented district-wide and at each district school, the following indicators shall be used: <i>(list from template)</i>
35. Valley Center-Pauma	BP (2016)	4	<p>Program Implementation and Evaluation</p> <p>The Superintendent shall establish a plan for measuring implementation of the policy. The Superintendent shall designate at least one person within the district and at each school who is charged with operational responsibility for ensuring that the school sites implement the district's wellness policy.</p> <p>The Wellness Committee shall include stakeholders and shall meet a minimum of two times annually to monitor and evaluate the implementation of the policy.</p> <p>The Superintendent or designee shall recommend for Board approval specific quality indicators that will be used to measure the implementation of the policy districtwide and at each district school. These measures shall include, but not be limited to, an analysis of the nutritional content of meals served; student participation rates in school meal programs; any sales of non-nutritious foods and beverages in fundraisers or other venues outside the district's meal programs; results from physical fitness assessments, descriptions of wellness activities, and feedback from food service personnel, school administrators, the school health council, parents/guardians, students, and other appropriate persons.</p> <p>The Superintendent or designee shall report to the Board at least every two years on the implementation of this policy and any other Board policies related to nutrition and physical activity. This policy shall be revised as necessary.</p> <p>Posting Requirements</p> <p>Each school shall post the district's policies and regulations on nutrition and physical activity in public view within all school cafeterias or in other central eating areas.</p> <p>A summary of nutrition and physical activity laws and regulations prepared by the California Department of Education, will be posted on the district website.</p>

36. Vista	BP (2010)	2	<ul style="list-style-type: none"> • The Board shall establish a plan for monitoring the implementation and compliance of all the district wellness policies. The Superintendent shall designate at least one (1) person within the district and a representative at each school site to ensure that the school sites comply with the district's wellness policies. • Specific quality indicators will be used to measure the implementation and compliance of the wellness policies, district wide and at each school site. These measures shall include but not be limited to: <i>(list from template)</i>
37. Warner	BP (2017)	3	<p>Program Implementation and Evaluation</p> <p>The Superintendent or designee shall establish a plan for measuring implementation of the policy. Additionally, the Superintendent or designee shall designate at least one person within the District and at each school who is charged with operational responsibility for ensuring that the school sites implement the District's wellness policy. The Superintendent or designee shall establish quality indicators that will be used to measure the implementation of the policy District-wide and at each District school.</p> <p>These measures should include, but not limited to: <i>(list from template)</i></p> <p>The Superintendent or designee shall annually report to the Board on the implementation of this policy and any other Board policies related to nutrition's and physical activity. To the extent possible, this report will be presented at the same time as results from the CHKS.</p>