



Meeting Minutes: Schools & After-School Domain Work Group

June 19, 2018: 2:30 p.m. – 4:00 p.m.
Serra Mesa Kearny Mesa Public Library
9005 Aero Drive, Community Room
San Diego, CA 92123

Next Work Group Meeting: Schools & After-School Domain

July 17, 2018: 2:30 p.m. - 4:00 p.m.

2-1-1 San Diego

3860 Calle Fortunada, Manpower Room

San Diego, CA 92123

Attendees: Adrienne Gilleran, Deirdre Kleske, Dianne Bourque, Erika Hernandez, Jamie Felice, Jonathan Ye, KellyAnne Rodriquez, Madison Hayes, Mary Sadile, Vilma Poroj (HHSA), Callie Brust (Olivewood Gardens), Dan Fesperman, Nina Ghatan (CHIP), Heather Berkoben (Dairy Council of CA), Heather Ransons, Jake McGough, Josh Bariuan (YMCA CRS), Kate Edra (UCSD), Kristin Gonzalez, Leah DeGuzman (The Children's Initiative), Kristin Haukom (Alta Planning+ Design), Shannon Stracener (Say SD), Shohre Zahedi (Hygia Weight Loss & Nutrition),

Recorder: Nina Ghatan (CHIP)

View previous work group presentations on the COI YouTube Channel: https://www.youtube.com/user/COISanDiego/videos?view_as=subscriber

Topic/Issue	Discussion	Action
Welcome	Deirdre Kleske led introductions.	
Announcements	 As a reminder, the District Rep forum will take place on July 17 from 1-2 pm at 2-1-1 right before the next Schools & After-schools meeting. The forum will include a presentation on the new "Hunger-Free Kids" report including district profiles, and resources on other priority issues. Harder + Co has been working with the County of San Diego HHSA on the evaluation of the COI. Partners are encouraged to complete the short online survey asking about partners and satisfaction with their experience with the COI. 	
COI Updates	ATP Forum:	If your organization has a success
Dan Fesperman	 The COI, SANDAG and Alta Planning + Design, will host an event titled, <i>Active Transportation Program: A Forum to Strengthen Funding Applications</i> on Wednesday, 6/20, 9:00 am-12:00 pm at CalTrans. This forum is designed particularly for engineers, planners, and school administrators/staff to help strengthen applications for funding through the Active Transportation Program (ATP). ATP has provided more than \$900 million in funding to make communities across California more bikeable and walkable. The 2018 awards will range from a minimum of \$250,000 to greater than \$10 million. Additionally, the forum is an opportunity for attendees to develop meaningful connections with one another with the goal of securing funding for Safe Routes to Schools and active transportation infrastructure and programming throughout San Diego County. Alta Planning + Design has created one-pagers for the deadliest corridors nearest school campuses, which will be made available on the COI website. 	story, contact Dan or Lyndsey to get it featured.





	Success Stories:	Find the Vision Zero+Safe Routes to
	 One COI efforts has been to collect success stories from all of the domains to highlight in the COI newsletter and social media. The COI staff will work with partners to write the success story, which can be about work group activities, or individual partner successes related to obesity prevention. Mini-Grant Program 	School one-pagers here: https://sdcoi.org/active-transportation-program-a-forum-to-strengthen-funding-
	 The COI awards mini-grants ranging from \$500 to \$5,700 annually to support projects that align with COI goals. This year is the third round of funding available. The first year there were 7 applications received, the second year there were 30, and this year there were 15 applications. The focus of the mini-grant is to create environmental changes to the physical or social environment that promote healthy behaviors in the community. The COI hosted a webinar on 5/7 focused on the third round of mini-grant funding: review of application process, tips for submitting a strong application, and answering questions. This year four schools applied along with some other great applicants. The Community Domain will meet soon to score the projects appropriately and a determination will be made after the COI Leadership Council meeting on 7/9. COI Website Launch The new COI website is officially launched and ready for partners to utilize as a resource. Visit www.sdcoi.org to check it out. The Policy Clearinghouse has been updated with all the most current district wellness policies 	As partners learn of newly-updated wellness policies, please send them to Deirdre Kleske at Deirdre.kleske@sdcounty.ca.gov
LCAP Scan and Analysis Project	Madison Hayes with the <i>Live Well San Diego</i> School Wellness Team completed an analysis of all 42 school district Local Control and Accountability Plan (LCAP), which are districts' three-year budgets.	Find the recording of Madison's presentation here:
Madison Hayes, SDSU MPH/MSW Candidate	 Each LCAP includes the district's goals, metrics, actions, and spending. Madison outlined her process and key search words to identify investments in wellness. Madison noted a limitation in determining true budget amounts for specific items or activities, "Itemized" versus "Non-Itemized" funding. This is why ranges are used in many cases. Countywide, districts have made significant budgetary commitments for health and wellness with a trend toward more funding (9% - 33% more). 	https://youtu.be/XOV0jor2qwA
	 Countywide, districts spent about 10% (\$820,273,428) of their total LCAP budgets (\$8,035,987,878) on programs to enhance health and wellness in 2017-2018. Madison broke down the funding by topic of Medical, Mental Health, and Physical Health. She then broke each topic into subtopics. 	





	 Some districts may not be able allocate a significant amount of money to an action, but by mentioning it in the LCAP (as either an action or metric) it establishes that as an area of focus. Madison said that some districts found ways to include low or no cost actions that support wellness, for example one district identified increasing staff visibility in the halls during passing periods as a strategy to increase safety and staff-student connectedness. The Live Well San Diego School Wellness Team is planning to present these finding to district superintendents In September. The data can be filtered in different ways to help plan for the next year. The ultimate goal is to show that investments in wellness help support attendance and academic success, and to provide this tool for district staff and school wellness advocates to use to increase these investments in the future. 	
LCAP Advocacy Resources and Discussion Deirdre Kleske	 Deirdre provided a Wellness Connections chart and Steps to Advocacy sheet, created in collaboration with the California Department of Education, showing the many ways that wellness investments can address the statewide LCAP priority areas. The resource sheet is available in both English and Spanish. For more information contact Deirdre Kleske at <u>Deirdre.kleske@sdcounty.ca.gov</u> 	Find LCAP Advocacy materials in English and Spanish here: http://sdcoi.wpengine.com/focus-areas/schools-and-after-schools/resources/
Project Updates	 Jake McGough, YMCA Childcare Resource Service, provided a brief update on this project to support improved nutrition and physical activity in YMCA after-school programs, many of which are on school campuses. Jake sent out a self-assessment survey to the supervisors at each of the 50 sites that he is currently working with and has received about 20 completed assessments so far. The next step is to evaluate trends to see what the needs are related to program policy, content of food being served, or amount or quality of physical activity. Jake invited partners to join a project subcommittee, preferably those with an understanding of afterschool programs. He would like support to develop an action plan, and identify how work group partners could support this effort. The subcommittee would most likely meet prior to the Schools & After-school Domain meetings each month. If you would be interested in assisting with these efforts, contact Jake McGough. 	For more information or to join the Healthy After-School Project subcommittee, please contact Jake McGough at imcgough@ymca.org