

Meeting Minutes: Schools & After-School Domain Work Group May 15, 2018: 2:00 p.m. – 3:30 p.m. Serra Mesa Kearny Mesa Public Library 9005 Aero Drive, Community Room San Diego, CA 92123	Next Work Group Meeting: Schools & After-School Domain June 19, 2018: 2:30 p.m. – 4:00 p.m. Serra Mesa Kearny Mesa Public Library 9005 Aero Drive, Community Room San Diego, CA 92123
Attendees: Debal Acquaro, Erika Hernandez, Deirdre Kleske (HHSA), Dan Feserman, Prem Durairaj (CHIP), Heather Cruz (CVESD) Heather Berkoben (Dairy Council of CA), Heather Ransons, Josh Bariuan (YMCA CRS), Jamie Moody (UCSD), Recorder: Nina Ghatan (CHIP)	
View previous work group presentations on the COI YouTube Channel: https://www.youtube.com/user/COISanDiego/videos?view_as=subscriber	

Topic/Issue	Discussion	Action
Welcome	<ul style="list-style-type: none"> Deirdre Kleske led introductions. 	
Announcements	<ul style="list-style-type: none"> Jamie Moody, UCSD Center for Community Health School Wellness, is seeking five schools for at least one year of Healthy Eating, Physical Activity technical assistance. Application is due 5/21. Susi Jones, Executive Director of Julian Pathways is retiring. Her position is now open. Susi has been a wonderful and inspiring wellness partner and wish her the very best! Dairy Council of California has 4 openings across California for a Community Nutrition Adviser. Website for Summer Meals Activities and Resources: bit.ly/SummerFunFood Free summer meals flyers promoting the text number to find local summer meals sites in your area are available. Please contact Heather Berkoben at HTroska@DairyCouncilofCA.org. Erika Hernandez with the County of San Diego North Coastal Region NEOP just completed her MPH program – Congratulations, Erika! 	<ul style="list-style-type: none"> To view the Dairy Council of California job description, click here. Download electronic versions of the Free Summer Meals flyers in both English and Spanish.
What's in a Wellness Policy? Nutrition Promotion! Heather Berkoben, Dairy Council of California	<ul style="list-style-type: none"> Heather Berkoben with Dairy Council of California presented this month's What's in a Wellness Policy? Nutrition Promotion! Resource sheet. Schools can promote healthy options through: <ul style="list-style-type: none"> Role modeling by teachers, staff and other students Nutrition education – Smarter Lunchrooms has lots of ideas and resources Communicating through school/parents newsletters, morning announcement, and cafeteria menus and mobile apps Student engagement: SD Unified had a student menu challenge that added recipes to the menu. Visit the Action for Healthy Kids website for more Nutrition Promotion resources. 	<ul style="list-style-type: none"> To view the What's in a Wellness Policy? Nutrition Promotion! Resource page, click here.

<p>School Wellness Policy Analysis</p> <p>Samantha Sonnich, SDSU MPH Candidate</p>	<ul style="list-style-type: none"> • Samantha presented the results of her thesis, comparing each district's WellSAT score to implementation of the wellness policy, as evidenced by information available on the district's website. • Samantha found some interesting factors that contributed to a district having more evidence of implementation on its website: being a larger district, having a full-time dedicated wellness lead, and using the www.schoolnutritionandfitness.com template as its child nutrition web page. • Please view the recording of Samantha's presentation for all the great information she shared: https://www.youtube.com/watch?v=UGb2NGD8K_M&t=7s • There will be continued discussion on how this information can be used to support more and better communication of wellness policy implementation, a requirement of the Healthy, Hunger-Free Kids Act. 	
<p>COI Updates</p> <p>Dan Fesperman, CHIP</p>	<p>Health Disparities Webinar:</p> <ul style="list-style-type: none"> • The COI will be hosting a webinar titled <i>Addressing Health Disparities in Underserved Populations</i> on Friday, May 25 from 10:00-11:30 am. The webinar will provide education on disparities within underserved populations, specifically as they relate to childhood obesity and the Hispanic/Latino population. There will be three panelists including Sandro Viera from the Prevention Institute, Professor of Medicine at UCSF, Alicia Fernandez, and Amy Beck, Assistant Professor of Pediatrics at UCSF. A RSVP email will be sent out soon. Feel free to promote the webinar within your networks. <p>Mini-grant Webinar:</p> <ul style="list-style-type: none"> • The COI hosted a webinar on Monday, May 7th, focusing on the third round of mini-grant funding. The purpose of the webinar is to review the application process, provide tips for submitting a strong application, and to answer any questions. This is the third round of funding and the total award amount is \$5,700 and grant awards may range between \$500 and \$5,700. • There were about 40 participants and we are hoping to get some really strong applications this year. As a workgroup, we developed a FAQ page in the hopes to provide more information to applicants and attached it to the application. There were great questions following the webinar and overall, it was a success. • Applications are due Friday, June 8, 2018 by 5pm. <p>ATP Forum:</p> <ul style="list-style-type: none"> • The COI, SANDAG and Alta Planning + Design, will be hosting an event titled, Active Transportation Program: A Forum to Strengthen Funding Applications on Wednesday, June 20 from 9:00 am-12:00 pm at CalTrans. This forum is designed particularly for engineers, planners, and school 	

administrators/staff to help strengthen applications for funding through the Active Transportation Program (ATP). Additionally, the forum is an opportunity for attendees to develop meaningful connections with one another with the goal of securing funding for Safe Routes to Schools and active transportation infrastructure and programming throughout San Diego County.

- Lyndsey will be sending out the RSVP email within the next few weeks.

San Diego County Fair:

- The SD County Fair and COI has partnered together to help bring a healthy lens to the promotion and themes of the fair. The theme this year is, “How Sweet It Is”, and the COI has agreed to provide behind-the-scenes support such as giving guidance on how to highlight the healthy food options and physical activity opportunities that exist at the Fair.
- The San Diego County Fair will host their Media Day on May 16 that shares the kick off of the fair and the elements that will be a part of it. It will highlight the vendors that use locally grown food, walking paths, healthier menu options, hydration stations, and the 5210 Healthy Messaging campaign.
- This year the Fair will incorporated a full-page 5210 advertisement in the coloring/activity book that will reach roughly 30,000 students and is used in in-school Fair promotional visits.