

Meeting Minutes: Schools & After-School Domain March 20, 2018: 2:30 p.m. – 3:30 p.m. Serra Mesa Kearny Mesa Public Library 9005 Aero Drive, Community Room San Diego, CA 92123	Next Domain Meeting: Schools & After-School Domain April 17, 2018, 2017: 2:00 p.m. – 3:30 p.m. Serra Mesa Kearny Mesa Public Library 9005 Aero Drive, Community Room San Diego, CA 92123
Attendees: Angelina Suarez (Rady Children's), Debal Acquaro, Dianne Bourque, Erika Hernandez, Deirdre Kleske (HHS), Dan Fesperman, Nina Ghatan (CHIP), Kate McDevitt, Nick Stewart (SDUSD), Heather Berkoben (Dairy Council of CA), Heather Cruz (CVESD), Heather Ransons (YMCA CRS), Jamie Moody (UCSD), Jessica Mendelsohn (AHA), Kristin Haukom (Alta Planning), Stella Weaver (UCCE), Yuka Asada (University IL Chicago) Recorder: Lyndsey Tapia (CHIP)	
View previous work group presentation on the COI Youtube Channel: https://www.youtube.com/user/COISanDiego/videos?view_as=subscriber	

Topic/Issue	Discussion	Action
Welcome	<ul style="list-style-type: none"> Deirdre Kleske led introductions. 	
Announcements	<ul style="list-style-type: none"> Summer Meal Programs are open to youth 18 and under with no paperwork required. Participants can text to find a location nearest them for free meals all summer long. This program is not just available to San Diego County but all across California. Please contact Heather Berkoben if you are interested in obtaining the program handouts in both English and Spanish. "School Food Too Good to Waste" Webinar 3/27 from 1-2 p.m. will focus on Smarter Lunchrooms Movement principles and practices to help increase consumption of nutritious foods and reduce waste, current laws, and best practices around the state will also be addressed. 	
What's in a Wellness Policy? Assessment! Yuka Asada	<ul style="list-style-type: none"> Yuka, Post-Doctoral Researcher for the University of IL Chicago, discussed the assessment component of the Local Wellness Policy and shared about findings from their research. The Healthy, Hunger-Free Kids Act Final Rule stressed Involvement of and communication to key stakeholders in all phases of development, implementation, periodic review, and update of Local School wellness Policy. Yuka included some of the 2014/15 data from the state law database to show that there is still opportunity for states to more strongly support wellness policies. Many districts look to state law as an indicator of the importance of complying with federal requirements. While federal law requires triennial assessment of implementation progress, only 25% of states have laws requiring this. 	

	<ul style="list-style-type: none"> One reason for clear communication is that many parents express frustration with the lack of transparency from their school districts, and many are not aware of wellness policy or do not know where to find it. Wellness committees, from the transparency perspective, created a district-wide structure and platform to facilitate communications and implementation activities. Parents involved in committees reported that it provided a platform for parent support and advocacy. The National Wellness Policy Project has posted the reports here: https://www.ihrp.uic.edu/content/research-products-national-wellness-policy-study 	
<p>Project Planning: Safe Routes to School/ Vision Zero</p> <p>Kristin Haukom, MPH SRTS Planning + Program Specialist Alta Planning</p>	<ul style="list-style-type: none"> Kristin is leading the work plan project titled “Support SRTS/ Vision Zero efforts in schools and districts in San Diego County.” Project work plan can be found at the end of the meeting minutes. Most children are not getting enough physical activity for their optimum health. Safe Routes to School support walking and biking to school which are ideal ways to increase daily physical activity. Students who commute to school by motorized transport gain an average of 2-3 lbs. a year more than those who actively commute to school. Students who actively commute to school are more likely to remain at a healthy weight. Kristin gave an overview of the Vision Zero to the workgroup. Vision Zero is a policy commitment to reducing fatal and severe collisions to zero by a certain date. It involves physical changes, education, and enforcement, and takes a multidisciplinary approach (i.e., public works, police, health departments, schools, and emergency response). The City of San Diego has adopted the principal of Vision Zero as a means to improve safety. “Hot spots” (the most dangerous corridors) have been identified in San Diego County. Unfortunately, there are many schools in proximity of these hot spots. Key stakeholders need to be informed about this danger and encouraged to take action. Kristin identified the next steps to moving these efforts forward. <ul style="list-style-type: none"> Inform stakeholders about COI’s SRTS & Vision Zero effort. Work with partners to get cities/County to apply for ATP funding for projects that support SRTS & Vision Zero. Provide technical assistance to those applying for ATP funding for these efforts. 	<p>Kristin Haukom kristinhaukom@altaplanning.com</p>

	<ul style="list-style-type: none"> • School districts have to apply for funding with a municipality (city or the County). SANDAG will host a half day workshop for prospective applicant, which could provide an opportunity to connect districts with municipalities to begin the communication needed for applications to include schools. • COI is considering hosting a SRTS mixer with the same goal in May, prior to the SANDAG workshop in June. Deadline to apply for ATP funding is in July. There was a discussion of timing and identifying target audience for outreach. 	
<p>COI Updates</p> <p>Dan Fesperman</p>	<p>COI Forums</p> <ul style="list-style-type: none"> • COI staff have been in contact with the coordinators of the San Diego County Fair to create an ongoing partnership with the fair and to help bring a healthy lens to the promotion and themes of the fair. • Although the fair's theme this year's is "How Sweet It Is" organizers have been very open to adding the COI's perspective and ideas to the planning process. • Through the collaboration with the fair, the following are some ideas that have been identified: <ul style="list-style-type: none"> • Healthy food maps (through the County Fair app and printed materials) that will indicate concessions with healthier food options. • Also on the map will include a step measurement from specific landmark points of the fair to help encourage 10,000 steps during the day. • Every year the fair goes out to schools throughout San Diego County reaching roughly 30,000 students and provide coloring and activity book to help promote the fair. This year they have incorporated a full page of 5210 messaging. • There are free tabling opportunities for COI partners to promote at the fair. If interested, partners should contact Dan directly. 	

Objective 3: Support Safe Routes to School/ Vision Zero efforts in schools and districts in San Diego County.

Activity 3.1 Partner with the Safe Routes to School Coalition to support SRTS/Vision Zero activities.

Action Steps	Who Will Do	Status
a. Serve as liaison to SRTS Coalition to engage SRTS partners in project activities.	Kristin Hakoum	Kristin co-chairs the Coalition, which meets bi-monthly. COI staff and work group partners attend meetings.

Activity 3.2 Partner with other domains (such as Government and Community) on policies and strategies (such as alternate drop off sites) and opportunities for infrastructure and non-infrastructure grants (note that this also supports increased physical activity).

Action Steps	Who Will Do	Status
a. Serve as liaison between Schools & After-School Domain and other domains.	Kristin	
b. Seek opportunities for SRTS funding, such as ATP, with the Government Domain	Kristin	
c. Explore adding SRTS to RLA curriculum with the Community Domain (determine process, present to RLA council, create RLA materials)	Kristin, COI staff, work group partners	Jan/Feb County staff working with Harder + Co to develop proposal for CVESD.

Activity 3.3 Provide TA/education on SR2S/Vision Zero to domain partners and district/school staff, including sharing best practices.

Action Steps	Who Will Do	Status
a. Provide background on project to Domain work group partners	Kristin	
b. Present on SRTS/Vision Zero and project status	Kristin	

c. Present on SRTS model language and resources as part of the "What's in a Wellness Policy" series.	Kristin, Deirdre	
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Activity 3.4 Provide support to those seeking SRTS funding through assistance with applications and providing data.

Action Steps	Who Will Do	Status
a. Work with domain and/or SRTS Coalition partners to identify applicant needs.	Kristin, work group partners, SRTS Coalition partners	