## San Diego County Childhood Obesity Initiative Early Childhood Workgroup April 24, 2018

Attendees: Dan Fesperman, Cecilia Evans-Hernandez, Cecilia Morley, Heather Ransons, Holly Arnold, Ilisa Goldman, Jennifer Attias, Keturah Swenson, Lisa Bandong, Maryann Ahmed, Mary Sadile, Maura Molish, Nicole Trottier, Nina Ghatan, Rynna Herwele, Shana Wright

Recorder: Lyndsey Tapia

| AGENDA ITEM  | DISCUSSION  | ACTION ITEMS  |
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| 1. Introductions   | Dan opened the meetings and led introductions.  | TOTION TIMINO                                       |
| 2. Foundation For<br>the Children of<br>the Californias<br>Program<br>Overview | <ul> <li>The Foundation for the Children of the Californias is a tri-national organization with foundation representation in Canada, the US and Mexico. All of these foundations exist to support the Hospital Infantil de la Californias which is a pediatric specialty medical complex in Tijuana. The hospital served children on both sides of the boarder and has made it easy for families to access.</li> <li>Some of the history</li> </ul>   | Maura Molish     mauram@usfcc.org     www.usfcc.org |
| Maura Molish, Development Manager  | <ul> <li>In 1994 the co-founders saw a huge need for specialty medical care for children in Tijuana. They then opened the Infantil de la Californias which started out as a clinic and as the need grew, the hospital did as well. In 2001, the hospital opened a new building called Darte, meaning 'to give' in Spanish. This addition to the hospital was meant to provide more support and offer more services and specialties. In 2012, with the help of the Colonel Harland Sanders Foundation, the hospital opened a pediatric surgical center with 3 ORs which allowed the hospital to now conduct day surgeries and expanded the complex to 56,000 sq.ft.</li> <li>To this date, the hospital provides on average, 3,500 specialty medical visits, 100 outpatient surgeries and procedures, 2,000 hours of health education, and 1,000 volunteer hours</li> <li>Included in the services that they offer are an average cost of pediatric specialist consultation of \$15-20, and average cost of a pediatric surgery of \$1,000, and an average dental visit total of \$35. No insurance or referral to make an appointment with a specialist is required which has made it more easily accessible to many families.</li> <li>An additional service that is provided to childcare providers is the Niño Sano Program which is currently offered in Tijuana and Ensenada. The course is taught by certified nutritionists and is a 6-week course focusing on nutrition, growth and development, dental hygiene, immunizations and CPR training. Ultimately, the plan to expand this program via telehealth connection to San Diego and Imperial County</li> <li>HIC also has a full dental clinic on campus which opened in the Fall of 2016, thanks to a grant from Price Philanthropies. Colonel Harland Sanders Foundation contribution adds orthodontic services. Now the clinic sees up to 300 appointments per month including a "baby clinic" which services toddler aged youths.</li> <li>Programa de Apoyo para Pacientes Indigentes (P.A.P.I) Program has been put into place to lend low-income families fina</li></ul> |   |

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|  | rices offered at HIC to those living in San Diego.  | Claura and out on  |
| Updates  Laura is deadline  Kim is a contact  We had are plan other fur  Shana properties willing  Next state on relating topics of the should | ent through the workplan by each project and provided updates which include the following: a still working with Kathleen to identify Early Childhood Domain indicators for WIC. The for that to be completed was adjusted on the workplan. Still trying to reach out to the library to find someone else to set up a meeting with since the that we have is no longer working with the library.  Two preschool organizations apply for the second round of COI mini-grant funding. In July we ming to review those two applications and see where the workgroup can provide support and refernding opportunities.  Two vided an update on the section of the workplan that she is leading.  The included that she is to provide feedback and information for the workgroup.  The peps for the workgroup would be to come up with a list of services or expertise that we can provide its topics to early childhood providers. Also, to offer a survey to identify their needs and what hey are interested in receiving and in what platform.  Trigroup then moved on to brainstorming for the new partner outreach list. Discussion of who be invited to the workgroup table included the following suggestions:  The personal provides and provides and provides and Discovery Museum  The personal provides and | <ul> <li>Shana send out an email and ask partners to list what organization can provide relative to breastfeeding training.</li> <li>Shana reach out to Jenny at Palomar and ask if she would be interested in sending a warm handoff for the survey.</li> <li>Ketty reach out to Youth Children's Museum to present.</li> <li>Lisa reach out to the Children's Discovery Museum.</li> <li>Nina reach out to Milkbank SD.</li> </ul> |
| <b>4. Legislative</b> • Dan we   | ent through the legislative updates that were presented by CFPA during the Leadership Council   |  |
| <b>Update</b> meeting  |   |  |

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|               | <ul> <li>Food with Care budget ask is for the State to restore access to healthy food for young, low-income children by reimbursing childcare settings 23 cents for every breakfast and lunch served to eligible children through the Child and Adult Care Food Program (CACFP).</li> <li>Dan provided the workgroup with handouts providing more details around the budget ask and policy brief.</li> </ul> |  |
|---------------|--|--|
| 5. Partner    | • San Diego Parks and Recreation Division will be hosting SD's first mud day on June 29 at Golden Hill   |  |
| Announcements | Recreation center for children and families. The event will include the launching of the new play area,  |  |
|               | explore areas with reptiles and other parts of nature through a magnifying glass, crafts and much more.  |  |
|               | There will also be a giant mud pit for participants to play and get messy in.  |  |
|               | • The COI is hosting a webinar on Friday, May 25 from 10-11:30am focusing on health disparities,   |  |
|               | specifically in the Hispanic/Latino populations. The registration link was sent out via email. Please share  |  |
|               | within your respected networks.  |  |
|               | • The COI has released the applications for the third round of mini-grant funding. A webinar will be on  |  |
|               | May 7 from 10-11am going over the application process, providing tips for submitting a strong  |  |
|               | application, and answering any questions.  |  |

Next Meeting: May 22, 2018 Location: YMCA CRS