

**San Diego County Childhood Obesity Initiative
Early Childhood Workgroup
February 27, 2018**

Attendees: Cecilia Hernandez, Cecilia Morley, Kathleen Merchant, Kim McDougal, Laura Niksch, Maura Molish, Nina Ghatan, Paula Storm, Penny Adler, Shana Wright
Recorder: Lyndsey Tapia

AGENDA ITEM	DISCUSSION	ACTION ITEMS
1. Introductions	<ul style="list-style-type: none"> Kim opened the meetings and led introductions. 	
2. Icebreaker	<ul style="list-style-type: none"> This was the first time since meeting in October of last year that the workgroup has been together. In order to reconnect everyone around the table, Nina led the workgroup through an icebreaker activity that helped the workgroup members provide a more in depth introduction. 	
3. Workplan Development	<ul style="list-style-type: none"> Circling back to the last meeting where Rebecca Alvarez led the workgroup through the Strategic Planning process, the workgroup brainstormed potential projects for the next two years. The workgroup refreshed through the workplan to see if there are activities that potentially everyone around the table can provide support with and work towards. The workplan activities are not final and can be revised at any time based on the capacity of the workgroup. Laura Niksch is the lead for the first activity on the workplan and she provided an overview of those current efforts and action steps. Some of the activities that have been identified are doing a scan of preexisting available data that will support inclusion of domain partners in the next State of Childhood Obesity Report. Up to this point both WIC and HeadStart have been identified as two partners that have a plethora of data sources to be used and will be looking to the workgroup for identifying more potential data sources and for collecting and maintaining updated data. One of the biggest goals of this is to obtain better indicators to include in the next State of Childhood Obesity Report. A goal to achieve these action steps have been set around April and May 2018. For the second objective, the workgroup decided on potentially developing a COI education portal for EC stakeholders. CHIP staff and Laura will be responsible for conducting a scan of what data already exists, gathering resources and potentially housing this information on the COI website. Kim McDougal is the lead for supporting at least 3 EC organizations in enhancing the health and wellness of young children through TA and PSE. One of the activities for this objective is to support the public library with curriculum for their summer and after-school programs. This stemmed from a presentation at one of the EC Domain meetings that the workgroup found connections within their programs to potential infuse health and wellness components. The woman who presented on behalf of that program is no longer with the library. Penny will find out who the new person of contact should be. The timeline for this action has been postponed. In the meantime, Laura will start compiling an EC nutrition focused list of books in preparation for connecting with them. In addition to reaching out to the library, there were two EC focused applicants for last year's funding of the COI Mini-Grant program. This can be a great opportunity for the workgroup to invite them both to present at a future workgroup meeting and provide as much support for their project efforts as they can. Another activity for this objective is to continue to influence school-sited preschool health and wellness policies. This just occurred in Chula Vista through the REACH grant where the school district's wellness 	<ul style="list-style-type: none"> Penny find out who is the new person in charge of overseeing the youth librarians at the Central San Diego Library.

**San Diego County Childhood Obesity Initiative
Early Childhood Workgroup**

	<p>policy was modified to include preschool language. Currently other areas that are being focused to achieve the same are Warner Springs and Vista. This is where the workgroup has the opportunity to offer feedback to any drafts that Jake McGough and his team will be working on.</p> <ul style="list-style-type: none"> • Shana Wright Bruno has been named the activity lead for partnering with at least one community college or state university to provide upstream instructional support and guidelines to all early care in their education. Before reaching out to the colleges, the workgroup can develop a list that includes what can be offered for the groups to choose from, for example guest lectures, various expertise presentations, and so on. Laura remembers from her visiting Palomar CC that they weren't really interested in presenters but more of the resources and presentation slides that they could teach from. • The workgroup will continue to revisit the workplan to provide updates and keep track of action items. 	
<p>4. Partner Announcements</p>	<ul style="list-style-type: none"> • Lunch with the League on April 24 from 11:30am-1:30pm at Tom Ham's Lighthouse Restaurant. Dr. Greg Duncan, Distinguished Professor from the School of Education at UC Irvine, will discuss the significance of preschool mathematics for academic achievement. There will be a more in depth event flyer being sent out soon. • ECS in South Bay is currently looking to hire a new Health Manager for the Early HeadStart program. This position is still possible for someone who is in the nutrition field. In this role the Health Manager would be covering both the health content and the nutrition for this program. • Mamas Milk through a new non-profit called Nurturely that focuses on breastfeeding education. April 3 from 6-7:30pm for pregnant women to come and learn more about baby feeding basics, caring for your baby and connect with other moms to build support. The final flyer will be shared with the workgroup once completed. • Phase 2 of the Essential Kitchen is complete and is opening up to the community and for community meetings. They now have offices and a conference room that will also serve as a test kitchen. The room is great be used for cooking classes for the community. This could potentially be a spot to hold one of the EC Domain meetings in the future. 	<ul style="list-style-type: none"> • Laura send COI staff the link for the Health Manager job posting.
<p>5. CONNECTING THE DOTS</p>	<ul style="list-style-type: none"> • There were potential connections made that will be followed up with in the next meeting. 	

**Next Meeting: March 27, 2018
Location: YMCA CRS**