

**San Diego County Childhood Obesity Initiative  
Early Childhood Workgroup  
September 26, 2017**

**Attendees:** Aimee Zeitz, Dan Fesperman, Josh Bariuan, Kim Elkins, Kim McDougal, Laura Jeans, Martha Soledad Acosta, Nina Ghatan, Paula Sturm, Penny Alder, Rebeca Alvarez, Ruth Torres, Rynna Herwehe

**Recorder:** Lyndsey Tapia

AGENDA ITEM	DISCUSSION	ACTION ITEMS
<p><b>1. COI Mission and Instructions</b></p>	<ul style="list-style-type: none"> <li>• Kim opened the meeting; Laura led introductions.</li> </ul>	
<p><b>2. Strategic Planning</b></p>	<ul style="list-style-type: none"> <li>• Rebecca provided a recap from the July workgroup meeting and seven potential focus areas for the workgroup for the next two year plan.</li> <li>• The group provided a recap of the August meeting and the presentation by Jenny Fererro with Palomar College.               <ul style="list-style-type: none"> <li>• Potential collaborative opportunities with higher education may include: guest lecturing, identifying ways to support students to share best practices once they enter the workforce vs. maintaining the status quo, elective courses, and through continuing education trainings.</li> </ul> </li> <li>• The Chula Vista grant for SSB reduction was not funded.</li> <li>• The following revisions were made to the draft strategic plan:               <ul style="list-style-type: none"> <li>• <i>Objective 1: Identify early childhood indicators and work with partners to collect/gather data for inclusion in the next State of Childhood Obesity Report in 2019 and to support domain as a whole</i></li> </ul> </li> <li>• Review available QPI data (NAPSACC-self report)               <ul style="list-style-type: none"> <li>• <i>Objective 2: Explore and potentially develop a COI education portal for early childhood stakeholders by _____</i></li> </ul> </li> <li>• Potential activity: Form an exploratory committee to scan current portals to see what already exists               <ul style="list-style-type: none"> <li>• <i>Objective 3: Support at least 3 early childhood organizations with PSE technical assistance to enhance the health and wellness of young children</i></li> <li>• Since grant funding was not received for <i>Objective 4</i>, it was removed.</li> <li>• <i>Objective 5: Partner with at least one community college or university to provide upstream instructional support / guidelines to all early care in their education</i></li> <li>• Due to time constraints, the domain logic model was not reviewed as a group.</li> </ul> </li> <li>• Rebeca asked domain partners to look over the activities, outputs, and short-term outcomes and report any revisions to CHIP staff.</li> </ul>	<ul style="list-style-type: none"> <li>• Invite Ramon w/ UCSD to present on PE/ PA with Muslim communities</li> <li>• Follow up with Jenny about guest lecturer opportunities</li> <li>• Review the domain logic model and forward CHIP staff any recommend changes</li> <li>• Add workplan development to the October agenda.</li> </ul>

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**3. Partner Announcements**

- California Food Policy Advocates is hosting a forum Oct. 26 in Sacramento on new policy recommendations. Kim McDougal will be a panelist since the YMCA CRS was involved in surveying childcare sites.
- The director of MAAC is now moving over to become the executive director of First 5 San Diego.
- NHA has a new Director of Head Start, Annie Rodriguez, and new Director of Family Services, Kim Flowers.
- 5 & Fit program connects seniors 55+ with preschools to teach children physical activity and gardening.
- YMCA CRS received a grant from San Diego County Office of Education to provide nutrition education and physical activity mentoring to QPI sites.
- Family Wellbeing project will be promotion 5210 material and will provide more updates soon. They will also provide teacher trainings on the I am Learning I am Moving curriculum.
- YMCA CRS SNAP contract is working to add preschool language to the Warner Springs wellness policy.
- Ramon Hernandez with UCSD Center for Community Health presented on ways to improve physical activity with Muslim youth.
- Breastfeeding Friendly San Diego provided trainings for childcare providers and following the training, one provider commented on the increased level of trust as a result of the training.
- STEM Minds Start Early is hosting a community conversation on why natural curiosity needs to be encouraged at a young age. The event is October 27 at the San Diego Central Library.
- AAP is hosting a literacy fundraiser October 5.

**Next Meeting: October 24, 2017  
Location: YMCA CRS**