

Meeting Minutes: Schools & After-School Domain June 20, 2017: 2:30 p.m. – 3:30 p.m. 2-1-1 San Diego 3860 Calle Fortunada, Rm. 114 San Diego, CA 92123	Next Domain Meeting: Schools & After-School Domain July 18, 2017: 2:00 p.m. – 3:30 p.m. 2-1-1 San Diego 3860 Calle Fortunada, Rm. 114 San Diego, CA 92123
Attendees: Angeles Nelson, Dan Fesperman (CHIP); Catherine Slomka (OUSD); Debal Acquaro, Deirdre Kleske, Dianne Bourque, Erika Hernandez, Jamie Felice, Judith Hays-Zavala, Melissa Roberts, Nick Beatman (HHSA); Heather Berkoben, Tracey Conkey (Dairy Council of CA); Sarah Shamasha (CHIP); Heather Berkoben (Dairy Council); Jamie Moody (UCSD); Lupita Lira (The Children’s Initiative); Paige Metz (SDCOE); Pricilla Hegger (RCHSD); Robin McNulty (SDHC); Shohre Zahedi (Hygia); Staci Boretzky (Alliance for a Healthier Generation); Susi Jones (JUSD - Julian Pathways); and Yuka Asada (UIC) Recorder: Nina Ghatan (CHIP)	

Topic/Issue	Discussion	Action
Welcome	<ul style="list-style-type: none"> Deirdre Kleske led introductions. 	
Announcements	<ul style="list-style-type: none"> 6/30 is the deadline for the COI environmental change mini-grant application. Take the Kaiser Fit and Thrive Challenge by recording your healthy behaviors on a challenge card for a chance to win admission to the San Diego Zoo or Safari Park, or a two-night stay at the Hotel Del Coronado. Live Well San Diego 5K is 7/30 at Waterfront Park with proceeds benefitting the San Diego Blood Bank. Grandparents Raising Grandkids in North Region will be August 26. Fliers were distributed Oceanside Unified is kicking off their summer meals event 6/22 in partnership with the San Diego Hunger Coalition. Community partners are invited to host tables; Vista Community Clinic will be providing dental screenings. Smarter Mealtime Scorecards from the Smarter Lunchrooms Movement are available to assess the eating environment in early childcare settings. Good Food Showcase is 9/15 at Costal Roots Farm in Encinitas. The event brings together local farmers and institutions to support the good food movement. School staff can attend the event free of charge by contacting Elizabeth Vaughan. Early bird pricing ends after 7/31. 8/26 is the 6th Annual North County Grandparents Raising Grandchildren event at the North Inland Live Well Center. Lupita Lira was asked to describe the Children’s Initiative role: to provide technical assistance for after-school programs, including improving snacks, supper programs, and physical activity offerings. Susi Jones from Julian said her district has received good support from the Children’s Initiative. 	<ul style="list-style-type: none"> Share Good Food Showcase free admission offer with all appropriate school nutrition staff.
Childhood Obesity Conference Report Outs- All	<ul style="list-style-type: none"> By a show of hands, the majority of COI partners attended the 9th Biennial Childhood Obesity Conference. During the binational border pre-session there was discussion on whether schools in the US can accept student physicals from Mexico. There may be an opportunity to support families and schools through the new relationship the County has formed with Tijuana through <i>Live Well San Diego</i>. The theme of the conference was health equity and the connection to racism and this is something our workgroup 	<ul style="list-style-type: none"> Deirdre present active wellness council/ implementation slides at an upcoming meeting, or see if

	<p>can make a more concerted effort to address in the future.</p> <ul style="list-style-type: none"> AltaMed, a healthcare company in Los Angeles, had a poster presentation on a resource they created to help districts improve wellness policies by incorporating language deemed strong by the WellSAT, and offering optional language from the CA School Board Association and model school policy. Hollywood High School HEAL Zone has a school-based health center and have developed a prescription pad with the Dairy Council of CA for teens to encourage healthy habits. Students that try the school meals program can enter for a chance to win a Fit Bits. A number of school staff are not aware that kids do not have to take milk for reimbursement, they just need to select three of five items, including at least ½ cup fruit or vegetable. It's important for cafeteria staff to offer items to students and encourage them to take as much as they need, as opposed to telling them they need to take certain items. Recess before lunch is a great strategy to help reduce food waste. In Oceanside, breakfast in the classroom was too much of a challenge at middle school so it will not be offered next year. Based on feedback from the districts, it placed a strain on teachers (who were not supportive because it can create a mess in the classroom) and students want more menu options. Elementary schools start late so they do not participate in breakfast in the classroom. The National Wellness Policy Study at the University of Illinois at Chicago presented on the National School Wellness Policy reports which were emailed out on Monday with the meeting reminder. There was a session on the connection between districts with active wellness councils and implementation. Deirdre has shared copies of the slides with several people. Jamie completed a literature review will be compiling a report on school wellness policies and implementation this summer. She can share the results when they are available. 	<p>remote presentation is an option</p> <ul style="list-style-type: none"> Jamie share results from literature review when available
Farm to School Updates- Nina Ghatan	<ul style="list-style-type: none"> CHIP hosted the first Farm to Institution Council meeting 6/19 which focused on challenges institutions face with local procurement, such as the additional cost. The next meeting will be in late August, more details to come. Schools encounter difficulties offering less meat of better quality because of meat standards and subsidies. There may be opportunities for UCSD Healthcare and the University to collaborate for more competitive bids. The new Crop Availability report and State of Farm to School report should be released in July. We look are planning to have presentation on the reports at our August workgroup meeting. 	
COI and Domain Strategic Planning Overview- Dan Fesperman	<ul style="list-style-type: none"> COI Leadership Council completed strategic planning in February and starting in July we will begin domain-level strategic planning. Dan reviewed several key documents that will inform the strategic planning process, which include: COI Strategic Plan overview, COI policy agenda, and the State of Childhood Obesity in San Diego County (SOCO) report. COI Policy agenda includes: <ul style="list-style-type: none"> A targeted education campaign in Chula Vista to reduce sugar-sweetened beverage consumption. Enhancing implementation of Vision Zero in San Diego with a focus on children and Safe Routes to School. 	<ul style="list-style-type: none"> Become familiar with the Strategic Plan overview and SOCO to identify ways your organization can impact the indicators. Dan follow up with Yuka

	<ul style="list-style-type: none"> • <i>SOCO</i> was released 5/30 during the childhood obesity conference. • In September, Dan will present the report to superintendents and highlight some of the recommendations. The report stresses that the schools are only one entity that has opportunities to improve the healthfulness of the environment for children. Deirdre will send the report, the four-page summary, and a sample email message to District Reps in August so they can give a heads up to district wellness leads prior to the presentation to Superintendents. • Please keep the report and indicators in mind as we start strategic planning. • We will take a break for strategic planning in August and wrap up the process in September. As a result we will have a domain-specific logic model and strategic plan which will then guide our new workplan development. • Harder + Co. was hired by the County to complete an evaluation of COI. They are currently conducting a scan and will be conducting data collection, interviews, and possibly focus groups. Be on the lookout for surveys and emails. 	<p>on the criteria/ threshold for economically disadvantaged</p> <ul style="list-style-type: none"> • Deirdre to send District Reps sample email, <i>SOCO</i> report, and summary to share with wellness leads in Aug. • Partners: please respond to emails and requests for survey data related to COI evaluation.
Project Updates	<ul style="list-style-type: none"> • LCAPs should be available for viewing in July and August. We plan to do some analysis once they are available. • WellCAT for early childcare settings is a tool for scoring wellness policies for preschools. The model language developed by COI scored pretty well. • Partner Education & Collaboration – presentation Schedule: <ul style="list-style-type: none"> ○ July- Domain Strategic Planning – Part I with Rebecca Alvarez, NP Strategies ○ August- State of Farm to School Report and possibly the Good Food Rebate Program- Prem Durairaj ○ September- Domain Strategic Planning – Part II with Rebecca Alvarez, NP Strategies ○ October - Chula Vista Elementary School BMI Surveillance and Next Steps, Heather Cruz, CVESD ○ November – COI mini-grant updates 	