

<b>Meeting Minutes:</b> <b>Schools &amp; After-School Domain</b> <b>May 16, 2017: 2:30 p.m. – 4:00 p.m.</b> 2-1-1 San Diego 3860 Calle Fortunada, Rm. 114 San Diego, CA 92123	<b>Next Domain Meeting:</b> <b>Schools &amp; After-School Domain</b> <b>June 20, 2017: 2:00 p.m. – 3:30 p.m.</b> 2-1-1 San Diego 3860 Calle Fortunada, Rm. 114 San Diego, CA 92123
<b>Attendees:</b> Amy Garfinkel (SDUSD); Barbara Hughes, Daniel Barajas, Danielle Isola, Debal Acquaro, Deirdre Kleske, Dianne Bourque, Doug Delay, Judith Hays-Zavala, KellyAnne Rodriguez, Melissa Roberts, (HHSA); Claire Wade-Hak, Ryuji Ota, Renee Sherman, Noah Greene (students); Dan Fesperman, Jamie Condon, Prem Durairaj, Sarah Shamasha (CHIP); Heather Berkoben (Dairy Council); Heather Ransons, Josh Bariuan (YMCA CRS); Jamie Cassutt-Sanchez (EUSD); Jamie Moody (UCSD); Paige Metz (SDCOE); Staci Boretzky (Alliance for Healthier Generation); Susi Jones (JUSD Pathways); Yuka Asada (UIC) <b>Recorder:</b> Nina Ghatan (CHIP)	

Topic/Issue	Discussion	Action
Welcome	<ul style="list-style-type: none"> <li>Deirdre Kleske led introductions.</li> </ul>	
Announcements	<ul style="list-style-type: none"> <li>8/26 is the 6<sup>th</sup> Annual North County Grandparents Raising Grandchildren event at the North Inland Live Well Center.</li> <li>San Diego Unified is hosting summer BBQs. The kickoff event is 6/21 from 12-1pm. Community partners are invited to set up a table. Reach out to Amy after the meeting for more information.</li> <li>6/3 UC San Diego Center for Community Health is hosting an Early Childhood and Education Physical Activity training, for free of charge, from 9am-noon in Spanish and 1-4pm in English. See the flyer for more details.</li> <li><a href="#">CA Local School Wellness Policy Collaborative</a> has resources on their website that can be shared with wellness leads.</li> <li><a href="#">CaliforniaWalks.org</a> is looking for youth (ages 16-24 years old) interested in traveling to Sacramento to advocate for safer streets and improved public transportation. Applications deadline is May 31.</li> <li>Save the Date for the <a href="#">Good Food Showcase</a> 9/15 at Coastal Roots Farm in Encinitas. The event brings together local farmers and institutions to support the good food movement.</li> <li>5/23 at 8:30am the HealthLink North County Schools Collaborative will host a meeting on the topic of mindfulness.</li> <li>May is mental health awareness month, use #sigmafreed on social media.</li> <li>Jamie Cassutt-Sanchez's position with United Healthcare has been terminated effective 6/30. If you have wellness needs in Escondido, be sure to contact her before then.</li> <li>COI Leadership Council voted to write letter of support for AB 841, sponsored by Assemblymember Shirley Weber, to prevent schools from marketing unhealthy food and beverages on school campuses during school hours.                         <ul style="list-style-type: none"> <li>This is part of the Healthy and Hunger-Free Kids Act (HHFKA), but there is wiggle room that allows marketers to, for example, use the Coca-Cola logo on vending machines containing Dasani water.</li> <li>The Center for Science in the Public Interest (CSPI) is looking for examples of advertisements that promote items that are not compliant with HHFKA. If you have examples snap a photo and email to Deirdre with</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Amy email Deirdre information to forward to group</li> <li>If you see examples of marketing of unhealthy foods or beverages on school campuses, send photos to Deirdre.</li> </ul>

	<p>information on the location.</p> <ul style="list-style-type: none"> <li>Jamie saw Rady Children's was collecting soda tabs in Escondido as a fundraiser. Once she informed school officials about the fundraiser, it was removed. Jamie also wrote to Rady Children's to express her dissatisfaction. Deirdre plans to mention it to Cheri Fidler with Rady, since they promote ReThink Your Drink.</li> <li>6/2 Active Transportation Resource Center is hosting a Safe Routes to School Evaluation Resources and Best Practices webinar.</li> <li>Every Student Succeeds Act (ESSA) State Plan- California's Implementation Plan is being drafted so there are opportunities for public comment on the framework June 7 and 8 at SDCOE, plus a couple of webinars. Review the draft and try to attend meeting.</li> <li>We've received six updated policies to add to the COI policy clearinghouse. 60% of wellness policies are less than five years old, 30% are five to nine years old, and 10% are over 10 years old. Two of the four policies that are over 10 years old are in the process of being updated.</li> <li>Alliance for Healthier Generation can support school districts in improving wellness policies.</li> </ul>	<ul style="list-style-type: none"> <li>Deirdre talk to Cheri about the soda tab fundraiser through Rady Children's</li> <li>Paige forward Nina info. on ESSA stakeholder input meetings on CA Implementation Plan.</li> <li>For policy review by AHG contact Staci Boretzky at <a href="mailto:staci.boretzky@healthiergeneration.org">staci.boretzky@healthiergeneration.org</a></li> </ul>
<p><b>Supporting Wellness-Preschools, Heather Ransons and Josh Bariuan YMCA CRS</b></p>	<ul style="list-style-type: none"> <li>Through the CHIP REACH grant, YMCA Childcare Resource Center worked with Chula Vista Elementary School District to create policy language to incorporate into the districts wellness policy. This language is now available for any district to use and modify to fit their needs.</li> <li>Heather gave an overview of some of the ways wellness looks different in the preschool setting on a school campus:               <ol style="list-style-type: none"> <li>Serving family-style meals is a best practice for preschools. Family-style meals are beneficial because they support gross and fine motor skills development, help with language development, build confidence, teach children how to clean up after themselves, and help children recognize hunger cues.</li> <li>Physical activity should teach children fundamental movement skills, spatial awareness, and boosts self-esteem. Both structured and unstructured PA opportunities are ideal, with a recommendation of 60 minutes of each type for full day and 30 minutes of each for part-day care. Physical activity should not be used as a punishment.</li> <li>Outside of meal and nap times, children should not be sitting for more than 15 minutes at a time.</li> <li>Classroom screen time should be limited to no more than 30 minutes per week.</li> </ol> </li> <li>Resources for early childhood educators include: <a href="#">NAP SACC</a>, <a href="#">Preschool Foundations and Framework</a>, <a href="#">Caring for our Children</a>, <a href="#">SPARK</a>, <a href="#">CATCH</a>, and <a href="#">I am Moving I am Learning</a>.</li> <li>YMCA staff is currently providing technical assistance to Warner Springs and Vista on incorporating preschool language in their school wellness policies as part of the County's NEOP program.</li> <li>Inviting a Preschool manager or teacher or an early childhood advocate to participate at district wellness meetings is a good first step, especially if a district is not planning to revise its policy over the next school year.</li> </ul>	<ul style="list-style-type: none"> <li>To watch the full presentation, check out the COI YouTube channel: <a href="https://youtu.be/Qv0l4x5ES_U">https://youtu.be/Qv0l4x5ES_U</a></li> </ul>
<p><b>Farm to School Updates- Prem</b></p>	<ul style="list-style-type: none"> <li>The first Farm to Institution Council meeting is 6/19. Stakeholders will discuss challenges to securing local food and managing the increased cost.</li> </ul>	

<b>Durairaj</b>	<ul style="list-style-type: none"> <li>State of Farm to School Report will be available soon and includes resources on farm to school, plate waste, and school profiles. A presentation is planned for the August workgroup meeting.</li> <li>Technical assistance is available for food service directors interested in including local preference in procurement. Vista, Oceanside, and a few others districts have already taken advantage of this assistance. For more information contact Prem.</li> <li>Finishing up the Good Food Rebate Program with Fallbrook Union Elementary School District, which provided a rebate to cover the additional cost for the school to source local procurement. Results of evaluation will follow.</li> <li>San Diego Unified is working on food waste and recovery, instituting share tables at schools, and changing systems in central prep kitchens to divert usable food to Feeding San Diego and some other food pantries. From Sept. 2016 – April 2017, 55,000 lbs. of food has been donated, creating 45,000 meals.</li> <li>San Diego Food Systems Alliance “Save the Food” campaign is a countywide effort to raise awareness on the importance of decreasing waste and strategies on how to do it: <a href="http://www.sdfs.org/savethefoods/">http://www.sdfs.org/savethefoods/</a></li> </ul>	
<b>COI Updates- Dan Fesperman</b>	<ul style="list-style-type: none"> <li>COI will release the <a href="#">State of Childhood Obesity report</a> in San Diego County 5/30 at the Childhood Obesity Conference.</li> <li>Next month we will kick-off domain level strategic planning across all COI domains.</li> <li>In May the Leadership Council voted to include Vision Zero and Safe Routes to School as part of the COI policy agenda. More details to come.</li> <li>COI is currently accepting application for environmental changes Mini-Grants. The application deadline is 6/30.</li> <li>We’d like to thank Jamie who is wrapping up her internship with COI and welcome Sarah, our new COI intern.</li> </ul>	<ul style="list-style-type: none"> <li>Nina send mini-grant announcement out again</li> </ul>
<b>Project Updates</b>	<ul style="list-style-type: none"> <li>Partner Education &amp; Collaboration – Presentation Schedule               <ul style="list-style-type: none"> <li><b>June</b> COI Strategic Plan and Domain Strategic Planning Overview/Childhood Obesity Conference report out</li> <li><b>July</b> Domain Strategic Planning – Part I</li> <li><b>August</b> State of Farm to School Report</li> <li><b>September</b> Domain Strategic Planning – Part II</li> </ul> </li> </ul>	