



## **Schools & After-School Domain Strategic Planning Meeting Notes July 25, 2017**

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**Guiding Question: What are potential priorities / projects for the Schools & After School Domain for the next 2 years?**

**Ideas the group generated – not yet prioritized (that will need to happen at the next meeting)\***

*\* Note that some of the initial ideas generated in the first brainstorm were more programmatic in nature (i.e. not policy, systems, and environmental change) – these have been moved to the end of the notes so they are not lost and can continue to be considered by domain partners for implementation or as part of potential action items in the future.*

### **1) Continue to support implementation as well as assessment of progress toward implementation of School Wellness Policies**

Potential Action Items (How We Could Do This):

- Create a way to measure change with districts (beyond a survey)
- Revise wellness policies as needed to ensure strong language for physical activity
- Continue to support strong implementation of reduced consulting of SSB
- Revise policies for those districts that haven't yet done so
- Provide more TA/education to district staff and admin (e.g. tools and resources for low-cost ways to increase physical activity, literature around "How" for SSB reduction, etc.)
- Revise wellness policy language under nutrition to include support for food pantries at schools
- Facilitate sharing of best practices between districts (e.g. connect high performing districts with those that need help in certain areas)
- Continue with efforts to increase stakeholder advocacy for LCAP
- Increase collaboration with LiveWell San Diego School Wellness Team

### **2) Increase after-school integration with wellness work by partnering with at least one after school program to integrate Wellness Policies into afterschool environments**

Potential Action Items (How We Could Do This):

- Partner with YMCS CRS to integrate wellness policies into their afterschool programs
- Identify other potential afterschool partners

### **5) Support Safe Routes to School**

Potential Action Items (How We Could Do This):

- Partner with other domains to work on policies for alternate drop-off sites and opportunities for infrastructure and non-infrastructure grants (note that this also supports increased physical activity)



**POTENTIAL PROGRAMMATIC IDEAS GENERATED BY THE GROUP:**

**(Can be used as ideas for Domain Partners to implement or may be developed into Domain activities in the future)**

- Tap into parents and students more for implementation
- Promote school-based community gardens (e.g. can be teen led from RLA)
- Scale up implementation of Smarter Lunchroom guidelines
- Promote the development of standards-based PE curriculum with PE themes embedded into curriculum (Note: Someone mentioned that this has been done by Healthy Kids Resource Website, an arm of CA Dept of Ed)
- Develop and disseminate a parent education campaign around SSB
- Develop a campaign to reduce bottle use in toddlers
- Share ideas with districts re: low-cost options (e.g. paint, tactical urbanism)
- Leverage schools for education re: safety (e.g. talk about safety to/from school on back-to-school night, hold bike rodeos, etc.)