

Meeting Minutes: Schools & After-School Domain April 18, 2017: 2:00 p.m. – 3:30 p.m. 2-1-1 San Diego 3860 Calle Fortunada, Rm. 114 San Diego, CA 92123	Next Domain Meeting: Schools & After-School Domain May 16, 2017: 2:30 p.m. – 4:00 p.m. 2-1-1 San Diego 3860 Calle Fortunada, Rm. 114 San Diego, CA 92123
Attendees: Alma Morales, Alma Palacios, Beatrice Jomer, Danielle Isola, Debal Acquaro, Deirdre Kleske, Dianne Bourque, Erica Hernandez, Jamie Felice, Jenny Flores, Lori Gutierrez, Melissa Roberts, (HHS); Amy Garfinkel (SDUSD); Angeles Nelson, Dan Fesperman (CHIP); Charilene Hinon, Ironne Cordoba, Sarah Seldura (students); Heather Berkoben (Dairy Council); Heather Cruz (CVESD); Heather Ransons, Josh Bariuan (YMCA CRS); Jamie Moody (UCSD); Kate McDevitt (SDUSD); Paige Metz (SDCOE); Recorder: Nina Ghatan (CHIP)	

Topic/Issue	Discussion	Action
Welcome	<ul style="list-style-type: none"> Deirdre Kleske led introductions. 	
Announcements	<ul style="list-style-type: none"> San Diego County Breastfeeding Coalition is accepting nominations through the end of May for the Breastfeeding-Friendly Workplace Awards. For more information visit their website. North County Thriving Forum will be 4/27, 9-12. The Dairy Council has a free, online program for high school students. The five lessons are designed for classroom use. https://www.healthyeating.org/Schools/Classroom-Programs/High-School.aspx The Lemon Grove HEAL Zone and YMCA Child Resource Service are putting on a free <i>Healthy Kids Day</i> event 4/29 at Lemon Grove Academy with many fun activities and healthy snacks. Olivewood Gardens is convening school wellness stakeholders in a first <i>School Wellness Summit</i> 5/25, 8-11 a.m. with support from Kaiser. South County districts and schools are a focus, but all are welcome. Get the word out to wellness leads and others! Contact Corrie Madueño at 619-434-4281, corrie@olivewoodgardens.org An evaluation project is seeking school and district staff to interview on the topic of worksite lactation practices and a new initiative to support nursing mothers at work. If you have someone to suggest for the interview, contact Cathy Carothers at 662-931-6368, cathy@everymother.org 	<p>Deirdre to connect LG HEAL Zone staff to CalFresh Outreach staff for Healthy Kids Day.</p> <p>Save the Date: May 25, 8-11 a.m. <i>School Wellness Summit</i>, Olivewood Gardens</p>
Nutrition Education and Obesity Prevention (NEOP) Program- Barbara Hughes and Nutrition Educators, County of San Diego Health &	<ul style="list-style-type: none"> The County of San Diego receives money from the USDA (through CA Dept of Public Health) to provide nutrition education to low-income communities (less than or equal to 185% of poverty level). For schools this means at least 50% of students are eligible to receive free or reduced-price meals. The NEOP nutrition educators educate children and parents at schools, as well as individuals in the community. They also work on policy, systems, and environmental changes at school sites or with district wellness committees. Overview of nutrition educator activities in the six regions of the County of San Diego included cooking classes for parents and students; hosting school assemblies; educating students to ReThink Your Drink; increasing parent involvement with school gardens; supporting wellness policy revisions; increasing healthy food options for school employees, student clubs, and student stores; educating students on energy balance; working to improve the relationship between students and cafeteria staff, and improving students' perception of school food. Challenges include: parent engagement, changing eating habits of high school students, and keeping students' 	<p>For more information on and connections to free nutrition education and other support contact Barbara.hughes@sdcounty.ca.gov</p>

Human Services Agency	<p>attention by making after-school nutrition education fun and engaging.</p> <ul style="list-style-type: none"> Debal noted that, while not a low-income district qualifying for NEOP services, there are pockets of students in Solana Beach from low-income families that struggle with obesity and could benefit from this type of support. Heather and the Dairy Council may be able to assist in districts that don't qualify for NEOP services. 	
COI and Farm to School Updates- Dan Fesperman	<ul style="list-style-type: none"> 5/2 COI and Arboreta Group are hosting <i>Activate Change: Stand for Health in Today's Challenging Landscape</i> from 8am-3:30pm at Price Charities. Register today! F2STF Meeting 5/5 in Coronado from 9:30-11:30am. CHIP will be forming a Farm to Institution Council, which will bring together diverse stakeholders to discuss challenges with the food systems and local sourcing. <i>State of Farm to School in San Diego County</i> report is underway and scheduled to be released in June. 5th Annual Good Food Showcase is tentatively scheduled for 9/15. A formal save the date will be sent out soon. 	<p>Save the Date: Sept. 15 (afternoon), 5th Annual Good Food Showcase.</p>
Project Updates	<ul style="list-style-type: none"> Presentations: <ul style="list-style-type: none"> May- Advocating for Health in Preschools, Heather Ransons June- COI Mini-Grant Results, Nina Ghatan/Childhood Obesity Conference report-outs July- Chula Vista Elementary School BMI Monitoring resources and next steps, Heather Cruz August- State of Farm to School Report Future Project? Kate McDevitt said schools are looking for a turnkey solution to creating health/wellness fairs. <ul style="list-style-type: none"> San Marcos hosted an amazing wellness fair. Could we help schools coordinate resources to host joint health fairs to increase efficiency for all parties? The County Office of Education is hosting its annual "<i>Summit on Student Engagement and Attendance</i>" on 9/15. This event included a wellness fair with so many partners that the location for this year's event will be Mariners Point. 	<p>Save the Date: Sept. 15 (morning), <u>Wellness Fair</u> at the annual <i>Summit on Student Engagement and Attendance</i>, Mariner's Point</p>