



Meeting Minutes: Schools & After-School Domain
March 21, 2017: 2:00 p.m. – 3:30 p.m.

2-1-1 San Diego
3860 Calle Fortunada, Rm. 114
San Diego, CA 92123

Next Domain Meeting: Schools & After-School Domain
April 18, 2017: 2:00 p.m. – 3:30 p.m
2-1-1 San Diego
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San Diego, CA 92123

Attendees: Amy Garfinkel (SDUSD); Angeles Nelson, Barbara Hughes (HHSA), Catherine Slomka (OUSD), Dan Fesperman, Debal Acquaro (PHN), Dianne Bourque (HHSA), Erica Hernandez, Heather Berkoben(Dairy Council), Heather Ransons (YMCA CRS), Jamie Cassutt-Sanchez (EUSD), Jamie Moody (UCSD), Kate McDevitt (SDUSD), KellyAnne Rodriguez (HHSA), Melissa Roberts (CHPS), Yuka Asada (UIC), Josh Bariuan (YMCA), Lori Gutierrez (HHSA), Amy Eernissa (SAY SD), Beatrice Lomer (HHSA) Call-In Attendees: Shohre Zahedi (Hygia), Heather Cruz (CVESD), Susi Jones (JUSD Pathways), Gaby Armijo (FHC), Jessica Mendelsohn (AHA), Kim Speckhahn (North County Health Services) Recorder: Alma Anides Morales (HHSA)

| Topic/Issue | Discussion | Action |
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| Welcome | Deirdre Kleske led introductions. | |
| Announcements | Last week to recruit participants for Mas Fresco program. See Jamie Moody. Oceanside School District is involved in a Zero Waste Initiative Project. Nutrition workshop at Lemon Grove Library "Healthy Adventures with Drinks and Veggies" on 03/29 at 5:30pm. Partnership between YMCA, HHSA NEOP and Lemon Grove HEAL Zone. 3 SDUSD Center Coordinators have started their new roles and opened centers at 6 priority high schools- great place to provide support for students and parents. Next year there will be a full on launch- looking to partner with other services focusing on education and services for students and parent engagement. The 6 high schools are: Crawford, Hoover, SD High, Lincoln, Morse and Serra. Deirdre encouraged taking into consideration water in high schools. Legislature is looking into making lead testing at schools mandatory. State Water Resource Control Board (SWRCB) has a fund to fix pipes and fixtures, if necessary. Encouraged to take into account water testing as part of LCAP funding. | Kate Mc Devitt is looking for posters appropriate for high schools. Please send directly to schools. Deirdre will send link with more information regarding SWRCB. |
| Presentation: State of Childhood Obesity Report, and COI Updates, Dan Fesperman | Participants expressed interest in getting recommendations for schools at municipality level. Angeles (LG HEAL Zone) requested recent data specific to LG to use in a press release to promote physical education. Kate would like to give school districts a heads up before report is published. It would be a good idea to give schools specific recommendations (i.e. have stronger physical activity language, join local wellness council, etc) so they can have a response at the ready. She has also been getting requests for more vegetarian options during the school day. LWSD report looking to encourage breast feeding. Angeles is putting together a support group in LG for breast feeding. She is collaborating with Kim Elkins. | Dan will forward to Angeles (LG HEAL Zone) data specific for Lemon Grove. |
| Farm to School Update- Dan Fesperman | Currently reaching out to local school districts that are looking for FRPM. Will be presenting on Good Food Program at Modesto. The Farm to School Taskforce is looking for successful projects and school food waste recovery ideas. Meeting will be held on May 5th at Coronado, time TBD. There has been a growing interest in the topic. Deirdre mentioned most school directors are involved in Farm to School Taskforce. We should reach out to school districts that are further away such as Borrego Springs, which we might not have as much contact with. | Ask Elizabeth to send Deirdre a list of supervisors that are not part of Farm to School taskforce along with a short blurb about the |





| | | meeting on May 5 th . |
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| Project Updates | Partner Education and Collaboration: next month Jamie Moody and NEOP Specialists will present on their program and the work they do. Preschool Wellness Connection: Jamie M. reported they have been trying to work with each school district's principals. Looking at early childhood feeding, which is not as easy as school meals. Deirdre mentioned sometimes there is disconnect in preschool because not the same that go during school attend afterschool. We should try to get parents involved early. COI website has a great resources section to encourage school districts to revise Wellness Policy. Deirdre, Heather (Dairy Council) and a few NEOP Specialists attended Local School Wellness Policy training in San Bernardino. Useful document from Alliance for Healthier Generation on the connection between physical activity, nutrition and mental health services to academic success was shared. Would like to collect these reports and have them available on COI website. Deirdre presented at training on encouraging partners to get involved in advocacy; LCAP meetings begin around November rather than after holidays. District Representatives: Heather (Chula Vista) reported they are still analyzing and working with HHSA epidemiologist on connection between PA and academic success. They are finishing analysis of height/weight surveillance project- they are looking at schools that had a PA teacher and how they performed in this project and compare it to academics to see if there was a correlation. They can present findings in July or August. | Jake (YMCA) will share some draft language for inserting into policy or to create its own separate section. |