

# "Mocktail" Recipes

### LEMON-LAVENDER WATER

3 large lemons, sliced

<sup>1</sup>/<sub>4</sub> cup fresh lavender

1 half-gallon of water

Add lemon slices and lavender to a large pitcher and add water. Refrigerate for two hours to allow flavors to infuse. Serve over ice and garnish with a sprig of lavender.

# CITRUS-CUCUMBER WATER

1 large lemon, sliced 1 large cucumber, sliced

1 large lime, sliced 1 half-gallon of water

1 large orange, sliced

Place all the sliced fruits and the cucumber in a large pitcher and add water. Refrigerate for two hours to allow flavors to infuse, then serve in glasses over ice.

### HERB AND BERRY WATER

1 cup fresh blueberries, lightly crushed

2 4" sprigs of fresh rosemary, lightly bruised (to release more flavor)

1 half-gallon of water

Add blueberries and rosemary sprigs to a large pitcher and add water. Refrigerate for two hours to allow flavors to infuse, then serve in glasses over ice.

# **ORANGE-MINT WATER**

3 large oranges, sliced

10 mint leaves

1 half-gallon of water

Add orange slices and mint to a large pitcher and add water. Refrigerate for two hours to allow flavors to infuse, then serve in glasses over ice.

# STOP. RETHINK YOUR DRINK. GO ON GREEN.