

San Diego County Childhood Obesity Initiative Healthcare Domain Minutes February 17, 2017

Attendees: Amanda Schultz Brochu, Cheri Fidler, Cheryl Moder, Haley Erickson, Kim Elkins, and Nina Ghatan

- I. Welcome and introductions led by Cheri
- II. Rady Children's Obesity Clinic- was not at the meeting. They are planning to focus their time and attention on the workgroup's CCIW project at this time.

III. CCIW Update

- a. Cheri provided an overview of the project.
- b. ACE is currently training 2-1-1 staff on motivational interviewing.
- c. Cheri met with the chief of endocrinology at Rady Children's Obesity Clinic, who is in support of their team getting involved in the pilot project.
- d. If we confirm another clinic site, this work will supplement that of the community health workers, and so we would want to ensure we are providing consistent messaging to families.
- e. The next phase of REACH funding will be released soon and their focus may align with the clinic to community linkages. If so, we may apply.
- f. There may also be an opportunity for us work with Family Health Centers in Lemon Grove, to support one of our placed-based initiatives in the community.

IV. Integrating Food Insecurity in the Healthcare Setting

- a. The San Diego Hunger Coalition began evaluating multiple pilot projects over the past six months that took place at healthcare settings, on food security.
- b. The project compared models and assessed needs and lessons learned.
- c. Key findings- UCSD's free clinic was serving the highest number of food insecure clients (74%), onsite food distribution is a great approach to providing individuals with food insecurity immediate resources, and hospital revenue recovery departments are an opportunity to provide online CalFresh assistance onsite. At Sharp Grossmont Hospital, out of the 227 individuals that applied (with support of the revenue recovery department), 133 were enrolled in CalFresh.

V. OB/GYN Key Informant Interviews

- a. Nina provided a brief over of the project.
- b. The workgroup discussed next steps which include:
 - Nina forward Linda the recommended changes from the last meeting
 - Haley send Nina names of additional OBs and email addresses to add to the contact list
 - Cheryl send Marsha Spitzer and neighbor's contact info to Nina
 - COI staff/intern enter pre-survey questionnaire into Survey Monkey and send out to physicians prior to our next meeting.
- c. After capturing the results from the pre-survey, the workgroup can divide the updated clinician list and conduct phone interviews.