

**San Diego County Childhood Obesity Initiative
Early Childhood Workgroup
February 28, 2017**

Attendees: Dan Fesperman, Debal Acquaro, Heather Ransons, Jamie Felice, Jamie Moody, Jake McGough, Josh Bariuan, Judith Hays-Lavala, Kim Elkins, Kim McDougal, Kim Woodworth, Nina Ghatan, Paula Sturm, Penny Adler, Ryuji Ota, Shana Wright Bruno, and Veronica Klinger.

AGENDA ITEM	DISCUSSION	ACTION ITEMS
1. Introduction & Minutes	<ul style="list-style-type: none"> • Group completed introductions and approved the minute. 	
2. Announcements	<ul style="list-style-type: none"> • Ryuji introduced himself and announced that he will be presenting on collective impact when he returns to Japan in May. • League of Women Voters hosted two events, one on the expulsion and suspension of children from preschool to high school, and the second on immigration and refugees misconceptions. • YMCA CRS received the Five and Fit contract to work on an intergenerational program. They have also been invited to apply for another Nemours grant to train 30-50 family childcare providers on changes with the CACFP guidelines. • We have wrapped up the COI strategic planning process with the Leadership and Domain Council and will begin domain level strategic planning this fall. • San Diego Unified School District board meeting is 2/28 on budget cuts. If you would like to make comments, complete the speaker form online. • Jamie M. will be working with school districts in Vista, San Ysidro, Lemon Grove, Julian, and San Diego Unified to integrate early childhood language in the district wellness policies. 	<ul style="list-style-type: none"> • Kim follow up with the library to discuss next steps.
3. Presentation: Shana Wright Bruno- Breastfeeding Friendly San Diego	<ul style="list-style-type: none"> • There is national support for breastfeeding-friendly childcare centers and over the next 3.5 years UCSD will be working with 95 childcare sites to become breastfeeding friendly. • The project began in October and since then, they have conducted interviews with providers to better understand their needs and how they would like to be recognized. • Results will be shared in a report that is being approved by the County. • The program will help providers create a breastfeeding friendly environment through employee training, proper storage and handling of breastmilk, and support/encouragement of mothers. • After the checklist is completed, sites will be provided an action plan and technical assistance. • Model breastfeeding policies and addition to resources will be provided for staff and families. • Possible incentives include bottle warmers, privacy screens breastfeeding, and educational materials. • UCSD can work with any childcare provider throughout the County. 	<ul style="list-style-type: none"> • Once materials are finalized workgroup can shared with childcare providers. • Shana and Veronica connect to discuss a coordinated effort to engage families. • Josh follow up with Shana and connect her with providers interested in participating.

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<p>4. Presentation: Kim Woodworth-Nemours Toolkit</p>	<ul style="list-style-type: none"> • Nemours toolkit followed a learning collaborative model that engaged leadership teams at each through a train the trainer program. • This project was an expansion of the Wellness Champion (WC) program and included four, four-hour workshops, followed by a site change (garden or playground build). • Participant benefits included training and coaching, preferred referrals, waived YMCA fees, financial incentives, and giveaways (garden materials, tricycles, etc.). • Workshops focused on physical activity, nutrition, garden builds, and staff wellness. • Providers also had the opportunity to see what other sites were doing. • NAP SACC pre and post assessment showed great improvements. • YMCA has since developed a Facebook group and quarterly newsletter to keep in touch with providers. They are also planning a follow-up focus group in six months. • Barrier to this model include the limited reach and sustainability (because of intensives) and the challenge for family childcare homes to participate because of the time commitment. • A possibility is to apply for a grant through Kaiser Grant for a pilot project with family childcare homes. 	
<p>5. YMCA Updates</p>	<ul style="list-style-type: none"> • WC has 60 providers on the waitlist, the next workshop will be in April. • WC have received 440 referrals countywide to 70 providers. • 150 providers have completed program and there are currently 100 WC. • Renewal has been a challenge because of the \$50 renewal fee. • So far they have received 4-5 renewals with payment. • They plan to update the renewal notice to notify providers the renewal fee is tax deductible, provide them personalized number of referrals over the year, and of a discount through Discount School Supply. • It might be beneficial to survey participants to see if they continue the practices even if they are not designated WC. • QPI project hosts evidence-based parent workshops using the “Growing Healthy Together” curriculum and tailors workshops based on the site. • Provided professional development to over 500 staff and 250 parents. • YMCA CRS and UCSD are working with Vista to incorporate preschool language in the district wellness policy. 	<ul style="list-style-type: none"> • Have Jake present at a future meeting on incorporating preschool in the district wellness policy in Chula Vista
<p>6. Workplan</p>	<ul style="list-style-type: none"> • Discussed identifying a higher ed. champion, or hosting a focus group to identify ways the workgroup can support higher ed. • Should our goal be to find funding to support this project to make it feasible and sustainable? 	
<p>7. Next Meeting</p>	<ul style="list-style-type: none"> • April 25, 2017 at 10:00 a.m. at YMCA CRS 	